

MAY VENTURA

Calendar of Events

Recreation Programs

Arts Classes

Tours & Travel

Adult Services



All events are free unless noted otherwise (\$)

Registration begins
August 25

Paginas en español: 658-4726

NEWS & EVENTS

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- 22 Music & Language
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- 27 Discover Ventura & Nature

ADULT SERVICES

- 30 Ventura Avenue Adult Center

VENTURA WATER

Inside back pg and back pg

LEGEND:

BVC=Barranca Vista Center, 7050 Ralston St

VAAC=Ventura Adult Avenue Center
550 N Ventura Ave

Westpark Center=450 W Harrison Ave

=Volunteer Ventura! event

COVER PHOTO CREDIT:

Top left: Stacey Zarazua, Top right: Ed Matisoff,
Middle left: Jacob Foko, Middle center: Aysen Tan,
Middle right: Tyler Young, Bottom right: Aysen Tan

AUGUST

30 Community Tennis Day • See pg 15

30 Music under the Stars \$ • See pg 22

SEPTEMBER

3 Adult Sports Leagues fall registration deadline \$ • See pg 16

6 Music under the Stars \$ • See pg 22

13 Tennis clinic for adults (17+) • See pg 15
Fairy Tales in the Park • See pg 26

15 Early bird deadline for Water:Take 1 online short film contest • See inside back pg

20 HHW Household Hazardous Waste Collection • See pg 3

 Coastal Cleanup Day • See pg 24
Waterwise gardening class • See pg 29

28 VYBA signups [also 10/10, 10/12 & 11/2] \$ • See pg 13



OCTOBER

3 Ghost Tours begin through December \$ • See pg 28

4 Pier under the Stars \$ • See pg 26

15 Green School Awards applications due • See pg 4

18 Aquatics Center Pumpkin Plunge \$ • See pg 9
HHW Household Hazardous Waste Collection • See pg 3
Waterwise gardening class • See pg 29

20 Last day to register to vote • See pg 32
Camps during VUSD Fall Break (10/20-24) \$ • See pgs 10 & 11

23 Fall Formal dance at VAAC • See pg 32

28 Last day to request a "Vote by Mail" ballot • See pg 32



NOVEMBER

1 Ventura Photo Contest deadline • See pg 20

Final deadline for Water:Take 1 online short film contest • See inside back pg

2 VYBA last testing day \$ • See pg 13

4 Election Day • See pg 32

8 Bling & Everything In Between BVC Boutique • See pg 23

15 HHW Household Hazardous Waste Collection • See pg 3
Waterwise gardening class • See pg 29

19 Café Days Thanksgiving Luncheon at VAAC • See pg 30

20 Water: Take 1 film contest sneak peek party • See inside back pg

22  National Family Volunteer Day • See pg 24



DECEMBER

11 Café Days Holiday Luncheon at VAAC • See pg 30

12 Slippers & Masks dance performance [also 12/13] • See pg 25

14 Olivas Adobe Candlelight Tours • See pg 28

15 Water: Take 1 film contest audience choice voting deadline • See inside back pg



Calendar of Volunteer Opportunities

www.cityofventura.net/volunteer • Events-call 652-4555

facebook.com/volunteeventura

**School campus safety
is my mission!**

**This year our three School
Resource Officers trained all
Ventura Unified School District
employees on how to respond to
a major campus incident.**

*We mentor high school students
and provide additional resources to
our elementary and middle schools,
and their parents, teachers and
administrators on issues of alcohol,
drugs, family counseling, weapons,
anger and gang violence to make all
our schools safer learning centers for
Ventura's children.*

Ventura Police Department
www.cityofventura.net/SRO or
facebook.com/venturapd



**My passion is to maximize the
use of our City's community
development grants funded
through the federal government.**

*These CDBG funds are used to assist
Ventura's small businesses, create and
sustain safe and affordable housing,
and to improve neighborhood facilities
and infrastructure in areas of critical
need. Community Development staff's
purpose is to collaborate with our
residents to create a thriving, prosperous,
safe and sustainable Ventura.*

Community Development Department
www.cityofventura.net/CDBG



City Of Ventura COMMUNITY COUNCILS MEETINGS & LOCATIONS

COLLEGE AREA

4th Wednesdays, 7 pm

Dudley House, 197 N. Ashwood
sc@cummingsresearch.com

EAST VENTURA

3rd Thursdays, 7 pm

First Assembly of God, 346 N Kimball Rd
www.eastventura.blogspot.com

MIDTOWN

2nd Thursdays, 7 pm

Grace Church, 65 S McMillian Ave
www.midtownventura.org

PIERPONT

3rd Tuesdays, 7 pm

Marriott, 2055 E Harbor Blvd
www.pierpontcouncil.org

VENTURA HARBOR

4th Thursdays, 7 pm

Ventura Port District
1603 Anchor Way Dr
lynnmikelat@gmail.com

WESTSIDE

1st Wednesdays, 6:30 pm

Bell Arts Factory, 432 N Ventura Ave
www.wccventura.org

DOWNTOWN VENTURA PARTNERS

4th Wednesdays, 8:30 am

at 505 Poli St, 5th Floor
www.downtownventura.org

VENTURA CITY COUNCIL

Two Mondays/month, 6 pm

City Hall Council Chambers, 501 Poli St
<http://www.cityofventura.net/meetings/council>

Ventura City Council: 654-7827

Cheryl Heitmann, Mayor
Erik Nasarenko, Deputy Mayor
Neal Andrews, Councilmember
James Monahan, Councilmember
Carl Morehouse, Councilmember
Mike Tracy, Councilmember
Christy Weir, Councilmember
Commissions: 658-4740

Cultural Affairs Commission

4th Thursdays, 5:30 pm
Every other month

Library Advisory Commission

4th Tuesdays, 5:30 pm

Parks & Recreation Commission

3rd Wednesdays, 5 pm

Public Art Commission

2nd Tuesdays, 5:30 pm

Class Registration: 658-4726

Community Services/Recreation: 658-4726

Graffiti Removal: 654-7805

Park Reservations: 652-4550

Permits – Special Events: 654-7749

Police (Non-Emergency): 339-4400

Potholes/ Street Maintenance: 652-4590

Volunteer Opportunities: 652-4555

HOW DO I GET RID OF MY HAZARDOUS WASTE?

For City of Ventura RESIDENTS ONLY
FREE & Easy Drop-Off Events



STEP 1

Gather your household hazardous waste, including:

- Motor Oil • Oil Filters • All Automotive Fluids
- Batteries (Household & Automotive)
- Aerosol Cans • Household Cleaners • Mercury
- Fluorescent Tubes & Bulbs • Thermometers • Paint
- Polishes • Varnishes • Pesticides • Pool Chemicals

Remember, it is illegal to place these items in the trash or stormdrain.

Federal Department of Transportation (DOT) regulations limit the transport of material to 15 gallons or 125 lbs.

STEP 2

Call 805-652-4525 to make an appointment. HHW events are held the 3rd Saturday of each month. Appointments are required.

September 20

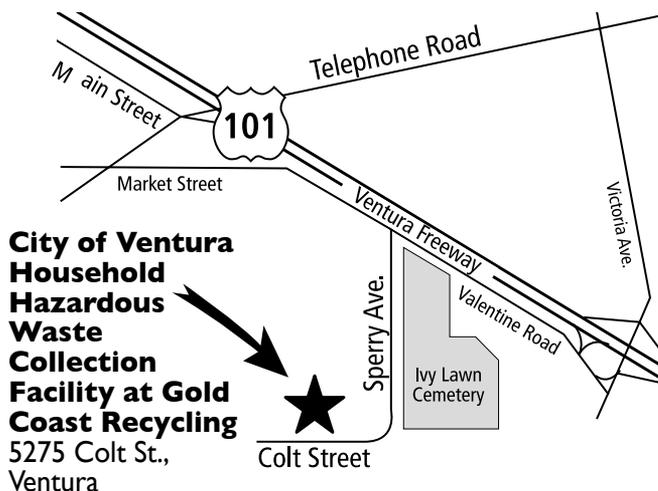
November 15

October 18

No Event in December

STEP 3

Show up at 5275 Colt St. at your appointment time on the event day.



City of Ventura Household Hazardous Waste Collection Facility at Gold Coast Recycling
5275 Colt St.,
Ventura

CITY OF
VENTURA
ENVIRONMENTAL SUSTAINABILITY
www.cityofventura.net/hhw

Text for a list of
Oil Recycling Centers
on your smart phone!
Text the word **OIL** to **39798**



Msg&Data Rates May Apply

WAYS

6 Environmental Sustainability Makes Ventura Even Better



Provides

Poo Free Parks so dog owners can easily clean up after their dogs.



Reminds

us that all storm drains empty straight into our rivers and ocean and should never have anything but stormwater in them.



Shares

important information with residents about services provided by Environmental Sustainability.

- Battery Recycling
- Household Hazardous Waste Collection Events
- Resident Sustainability Kits

Identifies local businesses that have been certified as green.



Recognizes

the importance of environmental education in our schools and identifies those that go above and beyond.

Green School Awards

Apply by October 15

www.cityofventura.net/greenschool



Keeps us connected and informed.

Go to www.cityofventura.net/environmental

We print MY VENTURA on

100% post-consumer recycled paper

because it helps conserve our natural resources and energy.



City of Ventura Parks & Recreation Facilities



Public Art

(For details on these and additional public art in Ventura, visit publicartarchive.org)



Off-Leash Dog Parks & Hours

- 2 Arroyo Verde: Tues.-Sun, 6-9 am, excluding holidays and days reserved for special events.
- 8 Camino Real: fenced dog area, dawn to dusk.

Remember to ALWAYS pick up after your dog.

Map: © Custom Media Group, Inc. 2007

How do I reserve a BBQ area?

There are five reservable BBQ areas among Arroyo Verde Park, Camino Real Park, and Thille Park. Call the **Park Reservation Line** at 805-652-4594 and ask for a *Facility Use Application* or visit: cityofventura.net/pw/parks/reservations
Other facilities can be reserved by calling the numbers indicated.

- * Museum or Historical Site
- * Rentable Facility (654-7553)
- ★ Rentable Facility (652-4594)
- ★ Rentable Facilities for weddings & events (685-4728)
- ★ Rentable BBQ Area (652-4594)
- + Rentable Facility (648-2829)
- ★ Rentable Facility (654-7511)
- + Rentable Facility (648-3035)

- 20 **Harry A. Lyon Park** ■■■●●▲▲
De Anza Drive at Cameron Street
- 21 **Hobert Park** ◆◆◆▲▲▲
Telegraph Rd. at Petit and Cambria Avenues
- 22 **Juanamaria Park** ◆■●●▲▲▲
Loma Vista Road and Kimball Road
- 23 **Junipero Serra Park** ◆▲▲▲
Neath Street and Swansea Avenue
- 24 **Kellogg Park**
Ventura Ave. at Kellogg. In design/construction.
- 25 **Marina Park & Sailing Center** ◆●●▲▲▲✂
South end of Pierpont Boulevard
- 26 **Marion Cannon Park** ◆■▲▲▲
Saratoga Ave. between Ralston & Shenandoah
- 27 **McWherter Corner**
Poli St. at Seaward
- 28 **Mission Park** ▲▲
Main Street and Figueroa Street Mall
- 29 **Montalvo Hill Park** ◆■▲▲▲✂
Tanager St. off Hill Rd. behind Montalvo Square
- 30 **Ocean Avenue Park** ◆■▲▲
West end of Ocean Avenue
- 31 **Olivas Adobe Historical Park** ▲★▲*
4200 Olivas Park Dr., www.olivasadobe.org
- 32 **Olivas Links Golf Course**
3750 Olivas Park Drive, 677-6770
www.olivaslinks.com
- 33 **Ortega Adobe Historic Residence** *
215 W. Main Street
- 34 **Plaza Park** ◆▲▲
Santa Clara and Chestnut Streets
- 35 **Promenade & Promenade Park** ▲▲▲✂
Pathway from Ventura Pier to Surfers' Point and Promenade Park at Figueroa Street
- 36 **Rincon Volleyball**
3040 Sherwin Ave. (Volleyball & Dodgeball classes)
- 37 **San Buenaventura City Pier** ◆▲
Harbor Boulevard
- 38 **Saticoy Regional Golf Course**
1025 S. Wells Road
- 39 **Seaside Wilderness Park** ▲
Access at Emma Wood State Beach
- 40 **Surfers' Point at Seaside Park** ▲▲▲
Figueroa Street at the Promenade
- 41 **Surfers' Knoll at Spinnaker Dr.** ▲▲
- 42 **Thille Park** ◆■▲▲★▲✂
- 43 **Urban Encore** + (Senior programs & services)
(formerly *Senior Recreation Center*)
420 E. Santa Clara Street, 648-3035
- 44 **Ventura Avenue Adult Center** + ✂
550 N. Ventura Avenue, 648-3035
- 45 **Ventura City Hall** ★*✂
501 Poli St., 654-7800
- 46 **Ventura Community Park and Aquatic Center** ●■▲▲★▲✂
901 S. Kimball Rd. at Telephone Rd.
- 47 **Westpark Community Center, Park and Garden** ◆●●▲▲★▲✂
450 W. Harrison Avenue, 648-1895



VENTURA
AQUATIC CENTER



August 18, 2014-January 17, 2015

901 S. Kimball Rd. 805.654.7511

www.cityofventura.net/aquatics

Schedule subject to change without notice.

SINGLE ENTRY FEES

For Open Swim, Lap Swim & Water Polo Scrimmage:

Under 2	FREE
Ages 2-5 & 62+	\$3
Ages 6-61	\$5

SPLASH PASSES

For Open Swim, Lap Swim & Water Polo Scrimmage:

10 entries:

Ages 2-5 & 62+ - \$20 Ages 6-61 - \$40

25 entries:

Ages 2-5 & 62+ - \$40 Ages 6-61 - \$80

LAP SWIM

(Not valid for Recreational Swim hours)

16 years+

\$40/one month, \$145/four months

\$375/one year *(no extensions for closures)*

WATER EXERCISE

5 visits - \$30	10 visits - \$50
20 visits - \$90	drop-in - \$7

***A \$5 non-resident fee applies to all splash passes.**

A \$5 fee will be charged to replace lost cards.

RECREATION AREA

25 meter pool, activity pool & waterslides

Programs	Days	Times	Dates
Lap Swim	Tu/Th	6:15-7:15 am	8/19-9/25
	MWF	1:30-3:30 pm	8/25-12/19
Open Swim	Sa/Su	12-3:30 pm	9/6-10/19
Fall Break Swim	M-F	12-3 pm	10/20-10/24
Water Exercise	M-F	9-10 am	8/18-1/16
	Tu/Th	6:30-7:30 pm	8/19-1/15
	Sa	8:30-9:30 am	8/23-12/20

COMPETITION POOL

50 meter pool with two 1-meter and two 3-meter diving boards

Programs	Days	Times	Dates
Lap Swim	M-F	7:15 am-1:30 pm	8/18-1/16
	M-F	5-8:30 pm	8/18-1/16
	Sa	12-3:30 pm	8/23-1/17
	Su	9-3:30 pm	9/7-10/19
	Su	9 am-1 pm	11/2-1/18
Deep Water Exercise	Su	9-10 am	8/17-10/19
	Tu/Th	12-1 pm	8/19-10/30
Water Polo	Sa	12-2 pm	8/23-1/17
	Su	9-11:30 am	8/24-1/18

POOL CLOSURES & HOLIDAY HOURS

September 1	Lap Swim 9 am-3 pm
September 1	Open Swim 11 am-4 pm
October 10 & 11	Competition Pool closed
October 25 & 26	Competition Pool closed
November 1 & 2	Competition Pool closed
November 27	Facility closed
December 22-January 2	Facility closed



POOL PARTIES!

Host your next special event at the
Ventura Aquatic Center!

*Birthdays ~ Sport Teams ~ Reunions
End of School Year Parties ~ Field Trips*

Call 654-7511 for more information.
www.cityofventura.net/aquatics



SWIM LESSON SCHEDULES

Refund Policy: a \$10 service charge applies for class cancellations made prior to the class start date. No refunds will be issued thereafter. We do not refund or provide make-ups due to illness.

TO CHOOSE YOUR SESSION

- 1) Select level number from descriptions
- 2) Select lesson dates and time from charts and find 5-digit class code
- 3) Register at www.cityofventura.net/eRecreation, by registration page or call 658-4726 M-F 8am-5pm

SWIM LESSON-LEVEL DESCRIPTIONS

Determining the correct level for your child prior to registering is crucial. It's not always possible to transfer incorrectly placed children from one level to another once the class begins. Read the following descriptions carefully or call 654.7511 for assistance to help select what level is right for your child.

Parent & Child (P&C) *6 months-3 years

Parents will receive guided instruction on ways to help their child become comfortable in the water through song and play. Parents learn how to work with their child and how to introduce bubble-blowing, assist with arm and leg motion and holds for front and back float along with safety information. This is not a learn-to-swim class; rather, it is intended to get children acclimated to the water. *We recommend 1-3 years.

Preschool (Pre) 3-4.5 years

We recommend at least one session of P&C before introduction to water without parent. This class emphasizes water adjustment, safety and fun by blowing bubbles, breath-holding, kicking, floating, arm strokes and possibly going under water.

Level 1 3.5-5 years

For children with little or no experience with swim lessons, this class focuses on water adjustment, blowing bubbles, submersion, assisted floating, gliding and arm/leg action.

Level 2 4-6 years

For children with no fear of the water who can swim a short distance independently (under water or doggy paddle). Class focuses on floating and gliding on back/front unassisted, breathing, freestyle, backstroke and elementary backstroke.

Level 3 5-8 years

Child must be able to swim freestyle at least 10 yards unassisted and be comfortable in deep water to enroll. Class focuses on coordinating freestyle and elementary backstroke, proper breathing, swimming distances of up to 15 yards, and beginning diving skills.

Level 4 7 years +

Child must be able to swim freestyle 20 yards without stopping and be comfortable in deep water to enroll. Class introduces breaststroke, backstroke and butterfly, refines freestyle and elementary backstroke technique, works on diving skills and increases swimming endurance.

Private Swim Lessons

3 years-adult \$100

Certified instructors work one-on-one with you or your child towards specific swimming goals geared towards individual ability level and age.

38193	Su	10:05-10:35 am	9/28-10/19
38194	Su	10:40-11:10 am	9/28-10/19
38195	Su	11:15-11:45 am	9/28-10/19
38196	Su	10:05-10:35 am	11/2-11/23
38197	Su	10:40-11:10 am	11/2-11/23
38198	Su	11:15-11:45 am	11/2-11/23

Learning to swim is a lifesaving skill!!

M/W/F LESSONS \$45-6 lessons

DATE:	9/8-9/19	9/22-10/3	10/6-10/17
LEVEL			
TIME: 4:30-5:05 pm			
Pre	38399	38400	38401
1	38434	38435	38436
2	38518	38520	38522
3	38535	38536	38562
TIME: 5:10-5:45 pm			
P&C	38165	38173	38174
Pre	38419	38403	38420
1	38463	38438	38464
2	38521	38519	38490
3	38538	38539	38540
TIME: 5:50-6:25 pm			
1	38440	38441	38442
2	38491	38492	38493
3	38541	38542	38561
4	38589	38590	38591

Tu/Th LESSONS \$30-4 lessons

DATE:	9/9-9/18	9/23-10/2	10/7-10/16
LEVEL			
TIME: 4:30-5:05 pm			
Pre	38405	38406	38407
1	38444	38445	38446
2	38494	38497	38498
3	38545	38546	38563
TIME: 5:10-5:45 pm			
P&C	38166	38167	38168
Pre	38409	38410	38411
1	38448	38449	38465
2	38501	38502	38503
3	38550	38547	38548
TIME: 5:50-6:25 pm			
1	38451	38452	38466
2	38505	38506	38507
3	38502	38553	38564
4	38593	38594	38595

SATURDAY LESSONS \$30-4 lessons

DATE:	9/27-10/18	11/1-11/22
LEVEL		
TIME: 9:45-10:20 am		
Pre	38413	38414
1	38453	38455
2	38509	38510
3	38555	38556
TIME: 10:25-11 am		
P&C	38170	38171
1	38457	38458
2	38512	38513
4	38597	38598
TIME: 11:05-11:40 am		
Pre	38416	38417
1	38460	38461
2	38514	38515
3	38558	38559

Find additional class offerings for more advanced swimmers under Competitive Stroke Instruction, Swim Team Prep and Youth Swim Conditioning classes.

• See next page for adaptive lessons

PUMPKIN PLUNGE!

Ventura Aquatic Center

Saturday, October 18, 12-3:30pm

Fee: \$3-5

Costume Contest
Face Painting
Pumpkin Decorating Contest
Pumpkin Ring Toss
Floating Pumpkin Patch-\$5/pumpkin
Water Games & Activities
Last Weekend of Open Swim for Fall!

More info at: cityofventura.net/aquatics
or 805/654-7511



Open Swim

All Ages

Enjoy your day splashing around! The Ventura Aquatic Center has two waterslides, an activity and recreational pools, diving boards and picnic areas. Spend the day with family and friends outdoors at this beautiful facility. See pool schedule and splash pass for days/times/fees.

Toddler Time

6 months-5 years with Adult \$40

Get your little one adjusted to the water in this safe, fun environment. The first 30 minutes will be a Parent & Child swim lesson in the Recreation Pool followed by 30 minutes of free play in the activity pool. One adult per child is required. Children not potty-trained must wear swim diapers.

38180 Su 10:05-11:05 am 9/28-10/19

38181 Su 10:05-11:05 am 11/2-11/23



Adaptive Swim Lessons

4-13 years \$40

We support inclusion: participants are welcome to sign up for any program offered. Adaptive lessons adjust student/teacher ratio to work with participants with special needs. Please advise us of special needs two weeks prior to the start of class at 654-7512.

38207 Su 11:15 am-12 pm 9/28-10/19

38208 Su 11:15 am-12 pm 11/2-11/23

Competitive Stroke Instruction

8-15 years \$30

Learn stroke technique in freestyle, breaststroke, backstroke and butterfly as well as competitive starts, turns and finishes. Participants should be comfortable in deep water and able to swim 50 yards comfortably.

38219 M/W/F 5:50-6:25 pm 9/8-9/19

38220 M/W/F 5:50-6:25 pm 9/22-10/3

38221 M/W/F 5:50-6:25 pm 10/6-10/17

Swim Team Prep

8-17 years \$35/*\$25

Learn the four competitive strokes, starts, turns and finishes while developing endurance and speed. Must be able to swim 50 yards comfortably.

38223 Tu/Th 4:30-5:30 pm 9/28-9/25

38224 Tu/Th 4:30-5:30 pm 9/30-10/23

38225 Tu/Th 4:30-5:30 pm 10/28-11/20

38226 Tu/Th 4:30-5:30 pm 12/2-12/18*

Youth Swim Conditioning

8-17 years \$35/*\$25

This advanced swim workout focuses on swim sets, interval training along with stroke refinement. Must be able to swim 200 yards comfortably and know the 4 competitive strokes. Recommended to take Swim Team Prep prior. If you want a 4 day workout, sign up for Swim Team Prep in conjunction and receive 50% off same session sign-up.

38228 M/W 4:30-5:30 pm 9/8-9/24*

38229 M/W 4:30-5:30 pm 9/29-10/22

38230 M/W 4:30-5:30 pm 10/27-11/19

38231 M/W 4:30-5:30 pm 12/1-12/17*

Jr. Water Polo

6-11 years \$25

This class is designed to introduce the sport of water polo to kids in a fun non-competitive environment. The intent is to provide basic skills and understanding of the sport in a recreational format. Although water polo is known for its toughness and endurance, this class will focus on all the fun and dynamic aspects of the game in a safe easy to learn aquatic experience that will motivate kids to swim and stay fit. Participants must have basic swimming abilities. Class is taught in shallow water.

38232 Su 11:30 am-12:30 pm 9/28-10/19

38233 Su 11:30 am-12:30 pm 11/2-11/23

Diving

8 years-adult \$30/\$23*

Beginners learn basic springboard diving techniques while intermediates refine their skills. Must be able to swim 25 yards comfortably and dive from pool deck.

38235 Su 12:30-1:30 pm 9/28-10/19

38236 Su 12:30-1:30 pm *11/9-11/23

Tri-it! Swim, Bike, Run

9 years-adult \$40/\$30*

A basic introduction to the sport of triathlons - no experience needed! Must bring bike, helmet, running shoes, swim gear to every class and must be able to swim 4 laps comfortably. Great class for parents and kids to do together! A mock mini triathlon will be held on the final class session.

38239 Sa 9-10:30 am 9/27-10/18

38240 Sa 9-10:30 am *11/8-11/22

Lap Swim

16 years-adult \$5/visit or Splash Pass

Add variety to your workouts and swim your way to a healthier lifestyle! Kick boards and pull buoys available. Pool is set-up 25-yards. Lap swimmers are encouraged to split lanes and circle swim during busy times. See pool schedule for days, times and fees.

FALL BREAK CAMPS!

Aquatic Sports Camp

8-14 years \$85

Experience aquatic sports activities from water polo, diving, competitive swimming, synchronized swim, water games, recreational swimming and more! Participants must be able to swim 50 yards (2 laps) continuously and be comfortable in deep water.

38475 M-F 9 am-12:30 pm

10/20-10/24



Water Exercise

13 years-adult \$7/visit or Splash Pass

Work out in waist-to-chest-deep water on the major components of fitness: aerobic training, muscular strength, endurance and flexibility. No swimming skills required. All fitness and ability levels welcome. Pool temperature 82-84 degrees. See pool schedule for days, times, and fees. Purchase Water Exercise Splash Pass on site; not available online.

Adult Swim

13 years-adult \$40

Beginner to advanced swimmers will work on personal goals and get pointers on all aspects of stroke technique. Receive individualized instruction on your specific area of interest while working at your own rate and ability level.

38242 Su 9-10 am 9/28-10/19

38243 Su 9-10 am 11/2-11/23

Water Polo Scrimmage

15 years-adult \$5/visit or Splash Pass

This is not a refereed game or a class. Participants should know the rules and how to play. Game ball and caps provided. See schedule for dates, times, fees & closures.

AMERICAN RED CROSS SAFETY COURSES

CPR-Adult, Child & Infant with AED &/or First Aid

13 years-adult \$70*/\$90

Meet at the Aquatic Center; however, course will be held in the field house at the Community Park. The certification card is included upon completion.

38245 CPR Sa 9 am-12 pm 9/20

38246 CPR Sa 9 am-12 pm 10/25

38247 CPR Sa 9 am-12 pm 12/6

38248 1st Aid Sa 12-3 pm 9/20*

38249 1st Aid Sa 12-3 pm 10/25*

38250 1st Aid Sa 12-3 pm 12/6*

Recertification for CPR, CPR for the Professional Rescuer or First Aid

13 years-adult \$90*/\$60

Must show proof of current certification. Meet at the Aquatic Center. The certification card is included upon completion.

38253 CPR/Pro Su 9-11:30 am 10/26*

38254 CPR/Pro Su 9-11:30 am 12/7*

38255 CPR Su 11:30 am-1:30 pm 10/26

38256 CPR Su 11:30 am-1:30 pm 12/7

38257 First Aid Su 2-4:30 pm 10/26

38258 First Aid Su 2-4:30 pm 12/7

Sailing, Kayaking and Paddleboarding are physical activities. Participants should have physical stamina, good balance and be capable of moving about safely in a confined space as well as basic swimming skills.



Photo: Aysen Tan



Photo: Aysen Tan

Basic Sailing

12 years-adult \$120

In this course you will learn sailing theory, terminology, safety, knots, right-of-way and docking on Catalina Capri 14.2 sailboats in Ventura Harbor. If you want to learn to sail the safe and fun way, this is a great place to start!

38067	Sa	9 am-1 pm	9/27-10/18
38068	Su	9 am-1 pm	9/28-10/19
38069	Sa	9 am-1 pm	11/1-11/22
38070	Su	9 am-1 pm	11/2-11/23
38071	Sa	9 am-1 pm	1/10-1/31
38072	Su	9 am-1 pm	1/11-2/1

Introduction to Sailing Experience

9 years-adult \$60 for 3 family members

Great start for families, teens, adult groups or just friends. You will be sailing with your own personal instructor during this fun experience, learn the basics and get out on the water for the afternoon.

38073	Sa	1:30-4 pm	10/11
38074	Sa	1:30-4 pm	11/15
38075	Sa	1:30-4 pm	1/24



Small Boat Sailing Level I

12 years-adult \$120

Prereq: Basic Sailing completed within last six months. Course covers sail shape and trim, tiller extension, overboard recovery, sailing to a mooring, whisker pole, safety and more. Sail in Ventura Harbor and offshore on Catalina Capri 16.5 boats.

38079	Su	1-5 pm	9/28-10/19
38080	Su	1-5 pm	11/2-11/23
38081	Su	1-5 pm	1/11-2/1

Keelboat Cruising I

16 years-adult \$120

Prereq: Basic Sailing OR Level I completed within last six months. Learn maneuvering under power and sail, reefing systems, overboard recovery, anchoring, safety and much more on 30' auxiliary-powered boat.

38082	Sa	12-4 pm	9/27-10/18
38083	Sa	12-4 pm	11/1-11/22
38084	Sa	12-4 pm	1/10-1/31

Keelboat Cruising and Passage Making

16 years-adult \$85

Prereq: Keelboat Cruising I completed within last year. Four students get a full day of sailing instruction from Ventura Harbor to the Channel Islands. Take the wheel and trim the sails, navigating, anchoring and passage planning.

38085	Su	9 am-5 pm	10/19
38086	Su	9 am-5 pm	11/23
38087	Su	9 am-5 pm	2/1

LEO ROBBINS COMMUNITY SAILING CENTER

Marina Park, 2950 Pierpont Blvd



Instructors and facility are US Sailing and American Sailing Association (ASA) certified.

Info: 805.643.3612 or www.cityofventura.net/sailkayak



FALL BREAK SAIL AND KAYAK CAMP

9-13 years \$160

Each day holds a new adventure as we explore different water activities. Enjoy sailing, kayaking, ice cream stops, museum trips and more. Returning campers can improve skill level and take on more advanced sailing challenges.

38066	M-F	9 am-4 pm	10/20-10/24
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American Sailing Association (ASA) Keelboat Certification

15 years-adult \$160

Fee includes: textbooks, log and first year membership in ASA. Prerequisites: LRC-SC Basic Sailing and Level 1 completed within the past 6 month. Call 805-643-3612 to arrange or for questions.

38088 ASA 101 Basic Keelboat

Semi-/Private Sail, Kayak or Stand-Up Paddleboard Lessons

12 years-adult \$25/\$40/\$65

Call 805-643-3612 to arrange.

38089 Semi-private Sail/Kayak Lesson
\$40 per person for 3 hours

38090 Private Sail/Kayak Lesson
\$65 for 3 hours

38091 Semi-private Stand-Up Paddleboard
\$25 per person for 1.5 hours

Group Sail, Kayak or Stand-Up Paddleboard

All ages \$175/\$200/\$320

Great for class field trips, birthday parties, teambuilding events or a family outing. All group outings are by arrangement only. Call: 805/658-4746 or 643-3612.

38092 Kayak
\$200 for 3 hours-15 maximum

38093 Sailing
\$320 for 4 hours-16 maximum

38094 Stand-Up Paddleboard
\$175 for 1.5 hours-7 maximum



FLY FISHING

9 years-adult \$60

Find out more about proper gear, casting techniques, fishing tactics, theory and history as well as fly selection, knot tying and safety. Bring hat, sunscreen, sunglasses, and lunch. Instructor Earl Arnold will provide gear (or bring your own) and offers an optional fishing manual for \$10. Meet at Marina Park, 2950 Pierpont Blvd in seated alcove near restrooms.

38806 Sa 9 am-2:30 pm 9/27



FOR ALL KAYAK/STAND-UP PADDLEBOARD CLASSES

All equipment is provided. No experience is needed. Wear comfortable layered clothing, bring sunscreen and hat during daytime classes and water to drink. Anything else necessary will be indicated in class description.

Introduction to Kayaking

12 years-adult \$50

Learn basic paddling and safety skills aboard double seat kayaks while exploring Ventura Harbor.

38095 Sa 10 am-12 pm 10/18-10/25

38096 Sa 10 am-12 pm 11/15-11/22

38097 Sa 10 am-12 pm 1/24-1/31

Afternoon Kayaking Experience

3 years-adult \$40 for 2 participants

Spend quality adventure time with family or friends kayaking in beautiful Ventura Harbor.

38100 Sa 1-3 pm 10/18

38101 Sa 1-3 pm 11/15

38102 Sa 1-3 pm 1/24

Full Moon Paddle

12 years-adult \$30

Come enjoy the sunset and moon as you get a great workout on a kayak or stand-up paddleboard (SUP). Wear appropriate clothing and bring your own headlamp or flashlight.

38104 Sat 7-9 pm Kayak 10/11

38106 Sat 7-9 pm SUP 10/11

38105 Sat 7-9 pm Kayak 1/3

38107 Sat 7-9 pm SUP 1/3

Stand-Up Paddleboard

12 years-adult \$25

Join us on our new stand-up paddleboards! Learn equipment selection, basic paddling skills, safety, and stroke development. SUP provides a core fitness and aerobic workout. And it's FUN!

38108 Sa 10 am-12 pm 10/25

38109 Sa 10 am-12 pm 11/15

38110 Sa 10 am-12 pm 1/24

Open Paddle Program

12 years-adult \$20/single or \$30/double

Open Paddle is a spring and summer program but we can schedule private/semi-private lessons during other seasons if interested: call 805/658-4746.



Photo: Rael Cortez

Pee Wee Soccer

3-5 years \$35

Parent and child participate together to learn basic soccer skills. Wear regular play clothes and shoes. No shin guards or special equipment needed.

Barranca Vista Park

38634 M 4:30-5:15 pm 10/6-10/27
 38627 M 4:30-5:15 pm 11/10-12/1
 38628 M 4:30-5:15 pm 1/5-1/26

Marion Cannon Park

38635 Sa 10-10:45 am 9/20-10/11
 38629 Sa 10-10:45 am 10/25-11/15
 38630 Sa 10-10:45 am 1/10-1/31

Thille Park

38631 W 10-10:45 am 9/17-10/8
 38632 W 10-10:45 am 10/22-11/12
 38633 W 10-10:45 am 1/7-1/28



Photo: Aysen Tan

Beginning Gymnastics

3-5 years & 6-13 years \$55

Popular instructor Duncan Young provides safe, quality instruction using mats, balance beam, rings, trampoline and other equipment. At BVC. No class 10/31, 11/8, 12/26, & 12/27.

3-5 years \$55

38650 F 3:30-4:15 pm 10/10-11/21
 38652 Sa 10-10:45 am 10/11-11/22
 38651 F 3:30-4:15 pm 12/5-1/16
 38653 Sa 10-10:45 am 12/6-1/17

6-13 years \$55

38665 F 4:15-5 pm 10/10-11/21
 38663 Sa 11-11:45 am 10/11-11/22
 38666 F 4:15-5 pm 12/5-1/16
 38664 Sa 11-11:45 am 12/6-1/17



Photo: Aysen Tan



Photo: Aysen Tan

SPECIAL OLYMPICS Ventura County



Contact 805/650-7717 or www.vcso.org for Ventura County's schedule of free seasonal Olympic-type sports training and competitions for individuals with intellectual disabilities, ages 8 and up. Or visit office at 1559 Spinnaker Dr #206, Ventura CA 93001.

VENTURA YOUTH BASKETBALL ASSOCIATION



Join the

VYBA!

GET READY FOR THE 2015 SEASON

January 3 to March 7

\$100/player

Sign up as an individual player during Sept 28, Oct 10, Oct 12 and Nov 2 skill testing events

Call 805/658-4705 to register for the High School Super League for Grades 9-12

We need volunteer coaches, officials and company or business team sponsors—call 805/658-4705.

Sign ups and skill testing for boys and girls grades 2-8 • \$100

Sept 28, Oct 12

& Nov 2 Oct 10

Grades 2 & 3 4-5 pm 6-7 pm

Grades 4 & 5 5-6 pm 7-8 pm

Grades 6, 7, 8 6-7 pm 8-9 pm

- Late and last VYBA skills testing and registration (\$120) Sunday, Nov 2, 4-7 pm

- Call 805/658-4726 or visit www.vyba.org or Facebook for the latest VYBA info

* Gym location TBD

Beginner's BMX Racing at Ventura BMX

4-13 years \$65 + \$60 annual membership fee

Have a blast at Ventura BMX at Ventura Community Park. Riders, who must be able to ride a bike proficiently without training wheels, will learn BMX fundamentals and terminology to prepare for a race during the final class. On first day parent/guardian must bring a \$60 materials fee for the required annual membership payable to USA-BMX with a signed waiver available at www.usabmx.com. Rider must wear long-sleeves, long pants, closed-toe shoes and a helmet and bring a bike with hand brakes and NO trick pegs or training wheels. More info: Lea Kozin 805.229.1111 or website. 38667 Sa 3-4:30 pm 10/11-11/15

Elementary After-School Sports

Grades 1-5 \$45/\$50*

Learn basic noncompetitive sports skills on the playground after school with no special clothing needed, just something to run around and play in. All equipment is provided. Meet instructor outside on the playground. Open to all students from any school. No class 9/25.

Basketball at Loma Vista \$45

37549 Tu/Th 2:45-3:45 pm 9/9-10/7

Volleyball at Mound \$45

37552 Tu/Th 2:45-3:45 pm 9/9-10/7

Field Hockey at Poinsettia \$45

37557 M/W 2:45-3:45 pm 9/8-10/1

Climbing Wall at Juanamaria \$50*

37555 Tu 2:45-4:15 pm 9/2-10/7



Lacrosse Class

8-14 years \$75

Try the fastest growing sport in the country coached by NCAA All-American Deidre Monarres who promotes lacrosse's sports, social and life skills. At Arroyo Verde Park.

38827 W 4-5:30 pm 9/10-10/15

Makos Surf Class

8-12 years \$125

Learn to surf with instructors and lifeguards focused on safety, fitness, and fun. Surfboards and wetsuits are provided. Surfer's Point. Park at Paseo De Playa between Crowne Plaza and Figueroa St.

38808 Tu/Th 3:30-5 pm 9/9-9/18

38809 Tu/Th 3:30-5 pm 9/30-10/9

Youth Beach Volleyball

9-15 years \$75

Beach Volleyball is now an NCAA sport! Players will learn the skills necessary to compete on the sand while having fun. Courts located at State Beach at the end of San Pedro Street.

38832 W 5-6:30 pm 9/10-10/15



Photo: Aysen Tan

Support Ventura Youth Programs After School

Supervisor Mario Robinson:
805.654.7807
mrobinson@ci.ventura.ca.us

- ASES After School Education & Safety
- PEAK Program Enrichment for After-School Kids
- TEEN VOICE a high school leadership program
- WESTPARK Center
450 W Harrison Ave 805.648.1895
- PAL Police Activities League – VenturaPAL.org

ASES PEAK TEEN VOICE WESTPARK

VENTURA Libraries

WE HAVE AN APP
FOR THAT!

vencolibrary.org

805.648.2716

Free library apps



Zinio



Overdrive



Mango Languages



One Click



Freegal Music



Access My Library



Worldcrunch



BookMyne





Photo: Aysen Tan

Quickstart Tennis

4-7 years \$40

This fast and fun format is designed to bring kids into the game the easy way by using specialized equipment and shorter court dimensions tailored to age and size.

Camino Real Park with Hossein Salehi

- 38743 Tu 4-4:45 pm 10/7-10/28
- 38744 Tu 4-4:45 pm 11/18-12/9
- 38745 Tu 4-4:45 pm 1/6-1/27

Juanamaria Park with Jonathan Butz

- 38746 Sa 9:15-10 am 10/25-11/15
- 38747 Sa 9:15-10 am 12/6-12/27
- 38748 Sa 9:15-10 am 1/10-1/31

USA Level I Tennis

8 years-adult \$55

Beginners and advanced beginners work on backhand, forehand, serving and scoring skills and how to play a match.

8-12 years

Camino Real Park with Hossein Salehi

- 38754 M 4-5:30 pm 9/29-10/20
- 38755 M 4-5:30 pm 11/3-11/24
- 38756 M 4-5:30 pm 12/1-12/22
- 38752 M 4-5:30 pm 1/5-1/26

8-12 years

Juanamaria Park with Jonathan Butz

- 38757 Sa 10-11:30 am 10/25-11/15
- 38758 Sa 10-11:30 am 12/6-12/27
- 38759 Sa 10-11:30 am 1/10-1/31

17 years-adult

Camino Real Park with Hossein Salehi

- 38762 Tu 6:30-8 pm 10/7-10/28
- 38763 Tu 6:30-8 pm 11/18-12/9
- 38764 Tu 6:30-8 pm 1/6-1/27

Juanamaria Park with Jonathan Butz

- 38766 Sa 11:30 am-1 pm 10/25-11/15
- 38767 Sa 11:30 am-1 pm 12/6-12/27
- 38768 Sa 11:30 am-1 pm 1/10-1/31

Cardio Tennis

13 years-adult \$55



This fast-paced aerobic session hitting balls and playing games at high energy is a great way for players to enjoy the game, get an amazing workout and socialize. Bring water and sunscreen.

Juanamaria Park with Jonathan Butz

- 38770 Su 9-10 am 10/26-11/16
- 38771 Su 9-10 am 11/30-12/21
- 38772 Su 9-10 am 1/4-1/25

USA Level 1 and 2 Tennis

13-17 years \$55

Beginners through mid-high intermediate players work on all aspects of keeping score, serving and playing matches with an emphasis on live ball drills. It's a great class to prepare for the high school season.

Camino Real Park with Hossein Salehi

- 38779 Tu 5-6:30 pm 10/7-10/28
- 38780 Tu 5-6:30 pm 11/18-12/9
- 38781 Tu 5-6:30 pm 1/6-1/27

USA Level 2 Tennis

17 years-adult \$55

For advanced beginner/intermediate players who already know how to keep score, serve and play a match. Live ball drills, match play and situational drills.

Camino Real Park with Scott Burton

- 38790 M 6:30-8 pm 9/29-10/20
- 38791 M 6:30-8 pm 11/3-11/24
- 38792 M 6:30-8 pm 12/1-12/22
- 38789 M 6:30-8 pm 1/5-1/26

Camino Real Park with Hossein Salehi

- 38793 W 6:30-8 pm 10/15-11/5
- 38794 W 6:30-8 pm 11/19-12/10
- 38795 W 6:30-8 pm 1/7-1/28

Semi-/Private Tennis Lessons

All Ages \$45-\$400

Sharpen your skills in a full or half hour lesson with private or semi-private instruction. You provide the partner for semi-private lessons. Call 642-7652 to arrange.

38797

- \$45 Semi-private one-hour per partner
- \$45 Private half-hour
- \$65 Private one hour
- \$280 Private one-hour package of 6
- \$400 Private one-hour package of 10

Camino Real Park Tennis Center



Varsity & Dean Dr • 805.642.7652

A registered United State Professional Tennis Association (USPTA) Welcome Center

Register in advance—classes require six students—bring one unopened can of balls to first class.



FREE

COMMUNITY TENNIS DAY

Saturday, August 30
10 am-2 pm

Tennis Instruction-Prizes-Games
All ages and skill levels welcome
Get information on new fall classes

FREE TENNIS CLINIC FOR ADULTS 17 YEARS-ADULT

Saturday, September 13
1-2 pm

Give this great sport a free try
If you like it, sign up for summer sessions

FALL ADULT SPORTS LEAGUES

Looking for a team? Individuals may call 658-4743 to place their name on a list. Register by 9/3

Men's Basketball Leagues

16 years-adult \$300/team

Divisions C or D plays Sunday 3-6 pm or Monday, Tuesday, Thursday 6-10 pm at Westpark Gym.

38141	Su	9/14-11/16	D
38139	M	9/15-11/17	D
38142	Tu	9/16-11/18	C
38140	Th	9/18-11/20	D

Six-A-Side Soccer Leagues

16 years-adult \$300/team

Games 6-10 pm at Camino Real Park of-fer novice and competitive divisions. Para información en español llame 658-4726.

38127	M	9/15-11/10	Coed
38128	M	9/15-11/10	Men

Softball Leagues

16 years-adult \$375/team

Play in Novice or Rec divisions, based on your roster make-up, 6-10 pm, at local parks with a 1-1 count format, 1-hour limit and first place division awards.

31834	Su	9/14-11/9	Men
38130	Su	9/14-11/9	Coed
31835	Tu	9/16-11/11	Men

38131	Tu	9/16-11/11	Coed
31836	W	9/17-11/12	Men
38132	Th	9/18-11/13	Coed
38133	F	9/19-11/14	Coed
38137	Sa	9/20-11/15	Coed
38138	Sa	9/20-11/15	Men

Volleyball Leagues

16 years-adult \$300

Get your coed team together for fun and competition at Rincon Volleyball Facility, 3040 Sherwin Ave.

38143	M	6-9 pm	9/14-11/10
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Dodgeball Leagues

16 years-adult \$200

Keep that Corporate Games feeling going with eight fun weeks at Westpark 6-9 pm.

38721	W	9/16-11/12	Coed
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Flag Football Leagues

16 years-adult \$275

Get your friends together for fast five-a-side action featuring limited contact at Camino Real Park 10 am-2 pm.

38908	Sa	9/20-11/15	Open
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Softball Tournament of Champions

16 years-adult \$200/team

Men's and coed novice and rec teams, register online by November 21 at www.cityofventura.net/adultsports

December 6-7 & 13-14

Sea-to-Shore Adventure Race

16 years-adult \$60/team
\$70/after Oct 1

Grab a partner and your paddleboards and meet us at Ventura Pier as one of you swims, the other runs a beach 5K and both of you take your separate boards around two buoys to complete the race. Check-in begins at 7 am with the first heat starting at 8 am. More info at www.cityofventura.net/adultsports or call (805) 658-4743.

38905 Sa 10/25
Men's/Women's/Coed Teams

Beginning Golf

All Ages \$75

Learn the basics of golf (putting, chipping, pitching, and the full swing) with six lessons at Olivas Links. "Family & Friends" is a great option for parents and children to work on their golf skills together.

Olivas Links 8-14 years

38732	Sa	9-10 am	9/27-11/1
38733	Sa	9-10 am	11/8-2/20

Olivas Links Women All Ages

38727	W	5:30-6:30 pm	9/24-10/29
38725	Sa	10-11 am	9/27-11/1
38728	W	5:30-6:30 pm	11/5-12/17
38726	Sa	10-11 am	11/8-12/20

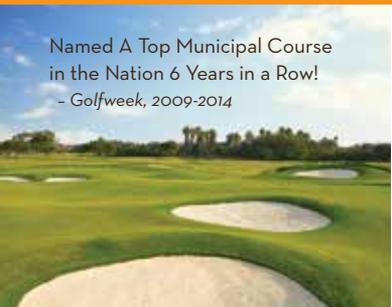
Olivas Links Family & Friends All Ages

38736	W	5:30-6:30 pm	9/24-10/29
38734	Sa	10-11 am	9/27-11/1
38737	W	5:30-6:30 pm	11/5-12/17
38735	Sa	10-11 am	11/8-12/20

VENTURA GOLF

Two Award-Winning Courses in Your Backyard

Named A Top Municipal Course in the Nation 6 Years in a Row!
- Golfweek, 2009-2014



"The golf course is in absolutely beautiful condition - the best I've ever seen it!! The fairways and greens are gorgeous!"

- September 2013



3750 Olivas Park Drive Ventura, CA
805-677-6770 • www.olivaslinks.com

New to golf? We can help!
Check out www.olivaslinks.com/GGR for an affordable way to "Get Golf Ready"



5882 Olivas Park Drive Ventura, CA
805-677-6772 • www.buenaaventuragolf.com



Photo: Aysen Tan

MARTIAL ARTS

Kickers-Kung Fu Kids



3.5-7 years \$72

Kung Fu Pandas and Tigers learn basic martial arts techniques (stances and jumps) with life skills (self-respect and control) in this fun, action-packed class led by Loa Arnoth. This third degree Black Belt in Chinese Kung Fu specializes in teaching children of all ages and women. At BVC.

Pandas 3.5-5.5 years

98912 M 4-4:45 pm 9/29-11/17

Tigers 5.5-7 years

98913 M 5-5:45 pm 9/29-11/17

Brazilian Jiu Jitsu & Mixed Martial Arts

4-7 years or 8-14 years \$100

Class instills confidence, increases awareness and ensures readiness while providing bully prevention moves using defensive no-strike techniques. At Paragon Brazilian Jiu Jitsu Academy, 83 S Palm St, Ventura. *Instructor Ricardo Miller Ribeiro* No class 11/29.

4-7 years Little Champs

38799 Sa 9-10 am 10/18-12/13

38800 Sa 9-10 am 1/10-2/28

8-14 years Junior Grapplers

38801 Sa 10-11 am 10/18-12/13

38802 Sa 10-11 am 1/10-2/28

Ventura Aikikai

Aikido Dojo Training Center, 2406 E Main St
Wear loose, clothing that covers knees and elbows, no shorts. Instructors Dennis & Pat Belt are 6th & 5th degree black belt certified

Intro to Aikido for Youth

7-13 years \$40

Students focus on conditioning and basic aikido techniques in a cooperative environment to help gain focus and awareness. *Instructor Dennis Belt*

37830 Su 11 am-12 pm 8/31-9/21

38673 Su 11 am-12 pm 9/28-10/19

38674 Su 11 am-12 pm 10/26-11/16

Aikido for Teens & Adults

14 years-adult \$60

Expect vigorous activity in this introduction to this non-competitive, defensive Japanese martial art whose physical goal is to neutralize attacks via deflective techniques, pins and throws. Students should be in reasonable physical shape. *Instructor Pat Belt*

37833 M/W 6-7:30 pm 8/25-9/10

38676 Tu/Th 6:30-8 pm 10/14-10/30

38677 Tu/Th 6:30-8 pm 12/2-12/18

Tai Chi Chuan Yang Style

18 years-adult \$72

Learn the traditional 108 move, long form version of this ancient martial arts dance of life to increase flexibility and stamina. Beginners come to 6:15 pm sessions. All sessions comprise 45 minutes of instruction and 30 of stretching. Dress comfortably. No class 11/27. At BVC.

Instructor Judy Scott

37797 Th 6:15-7:45 pm 8/21-10/9

37798 Th 7-8:30 pm 8/21-10/9

38681 Th 6:15-7:45 pm 10/16-12/11

38682 Th 7-8:30 pm 10/16-12/11

38683 Th 6:15-7:45 pm 1/8-2/26

38684 Th 7-8:30 pm 1/8-2/26



See
Ventura Avenue Adult Services
for "Qigong"



Photo: Aysen Tan

YOGA

Yoga for Life

16 years-adult \$65

A non-intimidating class of poses and breathing will reduce stress, strengthen the back, improve balance and leave you feeling great. Bring towel, mat and dress comfortably. No class 12/23 & 12/30. At BVC. *Instructor Rebecca Perlowski*

38695 Tu 5:10-6:10 pm 9/16-11/4

38694 Tu 5:10-6:10 pm 11/18-1/20

Curvy Goddess Yoga



18 years-adult \$70

This welcoming class for beautiful, voluptuous Goddesses includes gentle yoga poses to relax and lengthen our bodies, breath exercises to detoxify and oxygenate, light hearted laughter and a short calming meditation, with a focus on appreciating our beauty and allowing more flow of our immense feminine energies. No class 11/27, 12/25 & 1/1. At BVC.

Instructor Rebecca Perlowski

38812 Th 9-10 am 9/18-11/6

38813 Th 9-10 am 11/13-1/22

Yoga & Melt for Renewal

16 years-adult \$55

The simple and deeply relaxing yoga poses of the Melt Method re-hydrate connective tissue to restore neurological balance, stability, and joint mobility. Bring towel, mat and dress comfortably. No class 11/27, 12/25, 1/1. At BVC.

Instructor Mary Lincoln

38696 Th 5:10-6:10 pm 10/2-11/6

38697 Th 5:10-6:10 pm 11/20-1/15



See
Ventura Avenue Adult Services
for "Gentle Yoga"

MIND & BODY WELLNESS STUDIO

Classes by instructor Gail DeSart at 1445 Donlon St Suite 9 require fitness attire.

Pilates

18 years-adult \$100

Beginners (B) strengthen the abdominal core and alleviate back and joint aches; B/I students work on more advanced techniques and Pilates apparatus.

38706	Tu/Th	10:30-11:30 am	9/9-10/2	B
38707	Tu	6:30-7:30 pm	9/9-10/28	B
38709	M	7-8 pm	9/8-10/27	B/I
38708	W	6:30-7:30 pm	9/10-10/29	B/I

Foundation Training



18 years-adult \$100

Dr. Eric Goodman developed FT training and therapy to diminish chronic back pain. Exercise techniques stimulate, integrate and fire the body's muscular backside chains to respond to proper movement patterns. No equipment required. FT/roller session combines said techniques with Pilates foam roller.

38710	M	10-11 am	9/8-10/27	FT/roller
38711	Th	6-7 pm	9/11-10/30	FT
38712	Sa	9-10 am	9/13-11/1	FT



Photo: Aysen Tan

Hoop Habit Hoop Dance-all levels

18 years-adult \$36

Heal yourself with every revolution, Laugh, and have FUN with Play Therapy! Hoopdance is Mind-Body-Emotional & Spiritual fitness that builds self-confidence, increases posture and liberates the body. It's motivational movement disguised as a low-impact, core toning, calorie burning and cardio dance fusion workout. At Aerial Studio, 4476 Dupont Circle, Ste B. **Instructor Andi Girl Epstein**

38687	W	7-8 pm	9/3-9/17
38688	W	7-8 pm	10/1-10/15
38689	W	7-8 pm	11/12-11/26

Meditation for Mind & Body Health

18 years-adult \$75

Anyone can learn to meditate: regularity is key and finding which type is best for you. Learn various traditional secular sitting methods shown to reduce stress, tension, and anxiety, improve sleep, mood, immune function, and focus. At BVC. **Instructor Kimberly Wulfert, PhD Psychologist**

38930	Th	7-8:30 pm	10/2-10/23
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Weight Loss through Mindful Eating

18 years-adult \$99 + \$5 supply fee

In this workshop: learn why and experience mindful eating and other practices to lose weight. Become aware of the effect of food and stress on your mind-body functioning. At BVC. **Meditation teacher Kimberly Wulfert, PhD Psychologist**

38928	Sa	1-4 pm	9/27 & 10/4
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Bellyfit®



18 years-adult \$40

African Dance, Bollywood, Belly Dance and Bhangra combine with Pilates/Yoga inspired stretching and toning. At Cosmotion, 2343 E Thompson Blvd #A cosmotionusa.com **Instructor Kate Nash**

38897	M	6:45-7:45 pm	9/8-9/29
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Lunchtime Fitness with Jackie

18 years-adult \$60

We mix low-impact aerobics, muscle toning and stretching with a few dance moves, some Pilates and yoga. No class 9/1, 11/28 & 1/19. At BVC. **Instructor Jackie Ringhof**

37778	M/W/F	11:30 am-12:30 pm	8/29-10/3
38713	M/W/F	11:30 am-12:30 pm	10/6-11/7
38714	M/W/F	11:30 am-12:30 pm	11/10-12/15
38715	M/W/F	11:30 am-12:30 pm	1/5-2/9

Melt Anti-Aging Series



18 years-adult *\$35 or \$60

Learn how to use MELT soft body rollers and balls to reduce symptoms of aging. Intro Class (*) acquaints you with Facelift, Hand & Foot treatments and the three-class series with techniques to provide hydration and collagen to every body cell and improve sleep, digestion, and vitality. At Studio Be 1455 E Main St. **Instructors Pamela Franco and Mary Lincoln**

38904	W	6-7:30 pm	*9/10
38909	W	6-7 pm	9/17-10/1
38910	W	6-7:30 pm	*10/15
38911	W	6-7 pm	10/22-11/5



See Ventura Avenue Adult Services for these free classes:

- A Matter of Balance: Managing Concerns about Falls
- Bone Builders
- Building Bones and Better Balance
- Chair Stretches with Some Boogie to Boot
- Qigong
- Taming Chronic Pain (not free, \$60)

Wanted: Passionate Instructors

Are you passionate about sharing your special fitness, sports, arts or trade skill?



Ventura Parks, Recreation & Community Partnerships is looking for enthusiastic and experienced instructors offering unique and fun activities to our youth, adults and active seniors after school, weekdays & weekends. **Interested?**

Use our easy Proposal Form to describe your new class activity online at www.cityofventura.net/recreation & email it to cglenn@cityofventura.net.

For questions, call 805.658.4726.



RICHARD SENATE AT BVC

Classes at 7050 Ralston St by author, historian & paranormal expert

Knights and Castles: An Introduction to the Middle Ages

6-12 years \$40

Discover the "knight life" world of castles, combat, art and cathedrals as you learn how to make catapults and other crafts.

38950 Tu 4-5 pm 9/16-9/30

The Secrets of Ancient Egypt

6-12 years \$40

We explore Nile's monuments, mummies, myths and mysteries through crafts and stories (the tale of Cinderella is ancient and Egyptian). No class 10/21.

38951 Tu 4-5 pm 10/7-10/28

Crypto-zoology: A Search for Mysterious Monsters

12 years-adult \$40

Our county's full of mysterious monsters and we'll search out their stories including Santa Paula's and the Monster Fish at Lake Casitas.

38952 M 6:30-7:30 pm 9/22-10/6

The Art and Science of Ghost Hunting

12 years-adult \$60 + \$5 materials fee

Our quest to document the many ghosts of Ventura includes three classes at BVC plus a TBD Saturday field trip to the some-say-haunted Olivas Adobe.

38953 M 6:30-7:30 pm 10/13-10/27

FRESH! FILMMAKING & GAME DESIGN



Fresh "i" empowers youth with the tools to collaborate, create and share their stories with the world through visual arts, technology, reading, math and writing. www.freshimedia.com



Video Game Design Beginning to Advanced

8-13 years \$115

Improve your game design skills (multiple character animations, movement options, platform styles and game genres). Beginners work in pairs to learn basic game design elements (character creation, background design and building a complete video game level). At Bible Fellowship Church 6950 Ralston St Room 206

38935 W 3:30-4:45 pm 10/1-11/19



Fresh! Filmmaking Fun!

7-12 years \$115

Students learn the entire filmmaking process from story development to directing and acting in a fun, relaxed and engaging atmosphere using handheld video cameras and editing software. They will produce an original film, integrating simple special and sound effects and a musical score to share with friends and family. At Bible Fellowship Church 6950 Ralston St Room 206

38936 Th 3:30-4:45 pm 10/2-11/20



PHOTOGRAPHY WITH BRENT RUSSELL PAULL

More at www.amwestphoto.com
All classes are at BVC for 14 years-adult for \$65

Nature and Wildlife Photography

Learn how to make great images step-by-step with the right equipment and photo-craft techniques including composition rules, field tactics and how your camera looks at light.

37886 Sa 3-7 pm 8/23

Advanced Digital Photography

Build an advanced understanding of lenses, equipment, tripods, exposures and editing.

37888 Sa 3-7 pm 9/20

Improve Your Photography: Shoot in Raw

A far better way to shoot (than in jpg mode) is in raw mode with your D-SLR to get the most quality from your digital camera's sensor. Learn simple processing steps to convert raw images for better color fidelity, sharpness, contrast, saturation, white balance, shadow and highlight control.

38738 Sa 3-7 pm 10/25

Learn Digital Photography

Build up your understanding of digital photography from basic concepts (first two hours) through advanced techniques (second two hours) including camera use, lenses, equipment, tripods, understanding exposure and composition.

38742 Sa 3-7 pm 11/15

Photography Image Processing with Adobe Elements 9 & Photoshop

Use Adobe Elements (current version 9) and Photoshop CS5 (the program that is the industry standard) for professional image processing

38761 Sa 3-7 pm 12/6

COOKING WITH NORMA LYONS



18 years-adult \$35 each or \$230 for all 7

Our new chef, daughter of a local restaurant legend, will teach you simple cooking techniques to build exciting new menus with recipe handouts and sampling of all food prepared by the class.

Appetizers

Help assemble six basic appetizers that please any budget or occasion.

38961 Tu 7-8:30 pm 9/16

Breakfast & Brunch

New and inventive recipes will make B&B your specialty.

38962 Tu 7-8:30 pm 9/23

Simply Soups

The epitome of comfort foods! Learn four different recipes to serve as a side or main dish.

38963 Tu 7-8:30 pm 9/30

Everybody's Favorite: Taco Night

Create shredded pork tacos, homemade Mexican rice, and three different original recipe salsas.

38964 Tu 7-8:30 pm 10/7

Cooking for One or Two

No more prepared meals! Try these fresh, tasty and easy meals prepared with six ingredients or less.

38965 Tu 7-8:30 pm 10/14

Two Chickens Four Dinners

Create four different weekday meals to feed your family using only two chickens.

38966 Tu 7-8:30 pm 10/28

Decadent Desserts

Stun your guests with these four decadent desserts that don't take a lot of time but look and taste like they do.

38967 Tu 7-8:30 pm 11/4



Photo: Aysen Tan

Mr. Scott's Chess Club

8-12 years \$50

Improve skills and gain new strategies with a National Championship coach! No class 10/20. At BVC

38895 M 5-6 pm 9/29-11/10

Horseshoe Club for Youth



10-17 years \$20

Our club takes part in tournaments as you learn horseshoe pitching and its rules, scoring, styles of play, kinds and care of equipment. At BVC Park

38023 Tu/Th 4-6 pm 9/2-9/25

38899 Tu/Th 4-6 pm 9/30-10/23

First Time Sewing for Youth & Adults

12 years-adult \$55

Learn hand-stitch and machine sewing basics including knots, zigzag and buttons to create a stylish bag, or, for returning students, their choice of projects. Students under 12 must be pre-approved. Students supply fabric, thread and other supplies but sewing tools are provided. At BVC. Instructor Angel Jones

38717 W 7-8:30 pm 9/24-11/5

Babysitter Training

12 years-adult \$45 + \$5 materials fee

Learn basic emergency care and illness assessment including CPR and First Aid for infants and small children. Bring lunch, beverage and materials fee (due beginning of class). At City Hall, 501 Poli St-Santa Cruz Conf Rm 223. Instructor Glenda Mahon

38804 Sa 9 am-2 pm 10/4



See Ventura Avenue Adult Services for: Caring for Aging Parents

See pg 29 for free Waterwise gardening classes

Home Brewing 101

21 years+ \$35

Learn the basics of home brewing from local brewers at the County's only packaging microbrewery. Surf Brewery, 4561 Market St., Suite A

38955 Sa 12-3:30 pm 10/11

38958 Sa 12-3:30 pm 12/13

Enter the 2014 City of Ventura DIGITAL PHOTO CONTEST!

Youth (under 18) and Adult amateur and professional photographers are invited to enter the City of Ventura digital photography contest by November 1, 2014 in six categories:

ARCHITECTURE • PEOPLE PORTRAITS • COMMUNITY LIFE • ALTERED IMAGES • PHOTO VOICE • ENVIRONMENT

Vote online for the People's Choice Awards in early November. A panel of professional judges will select a separate slate of winners. All results announced online in December followed by a Council presentation and reception and exhibit for all participants in the City Hall Bridge Gallery. All entries are eligible to be featured in citywide publication of print or electronic media with photo credit.

View all 2013 entries at www.cityofventura.net/photocontest

Entering is easy, free and by email!
Visit cityofventura.net/photocontest
for contest guidelines.



2013 Editor's Choice, Alicia B. Warwick: Little Surfers

ETIQUETTE WORKSHOPS AT BVC

Instructor Lisa Lutz of Etiquette of Ventura County

Manners That Matter

12-15 years \$65

Students attend both days to learn introductions, importance of eye contact, handshake, dining skills, navigating a table setting, common courtesies, seating/sitting, and more! 9/20 at BVC & 9/21 at Pierpont Restaurant time TBD

38723 Sa/Su 11-11:45 am 9/20-9/21



Klassy Kids Fall Series

7-11 years \$54 for all 3 or \$25 each

Students learn "classy" manners. Sept: social skills, appropriate table conversation topics, introductions, hygiene tips, talking to peers, making new friends, how to be a good friend and telephone etiquette. Oct: dining basics, setting tables (informal, formal, buffet), which glass is mine and what are tines. Nov: proper addressing, thank you notes, apologies and kindness to animals. At BVC.

38729 Sa 11-11:45 am 9/27

38730 Sa 11-11:45 am 10/25

38731 Sa 11-11:45 am 11/15



CANINE CLASSES

Pets to Pals Training Program

14 years-adult \$100 + \$5 supply fee

Learn basic obedience using the clicker method, leadership techniques and dog socialization skills. An adult must accompany handlers under 14. Required: proof of all vaccinations. No re-tractable leashes. Participation is at the discretion of the instructor: Catherine Gould, ABC certified, APDT member, Cesar Millan experienced. Classes outdoors at BVC Park, 7050 E Ralston St. Lectures inside BVC.



Wake Up & Wag



This class will cover leadership, basic obedience using the clicker method and socialization. No class 9/20 & 11/29

38774 Sa 9:30-10:30 am 9/6-10/18

38775 Sa 9:30-10:30 am 10/25-12/6

Puppy Pre-School

Puppies 12 weeks through one year will have fun, socialize and play games, while both of you learn basic obedience commands in a safe environment. No class 9/20 & 11/29.

38783 Sa 11 am-12 pm 9/6-10/18

37905 Tu 6-7 pm 9/9-10/14

38784 Sa 11 am-12 pm 10/25-12/6

Adult Dogs Night Out

A fun way to train your dog one-year-old and up and provide canines with challenges and confidence.

37910 Th 6-7 pm 9/11-10/16

Avoiding Dog Aggression Lecture



18 years-adult \$50

Learn simple and fun steps to maintain the role of leadership with your dog whether it is a new puppy, old dog, large, small, trained or untrained. Handlers only, no dog please. At BVC.

38798 M 6-8 pm 9/8



Ventura Police Department

Connecting with our community to build safer neighborhoods

Go to venturapd.org

Get the latest public safety information, tips and alerts.

facebook.com/venturapd



nextdoor.com
virtual neighborhood watch

Nextdoor Ventura



Can You ID Me

venturapd.org
help us ID witnesses & suspects



vcalert.org



Ventura Police Department general information: 805-339-4400
After hours, non-emergency: 805-650-8010 • Emergency: 9-1-1

CITY OF
VENTURA
POLICE DEPARTMENT
www.venturapd.org



Dynamic Singers Children's Choir

5-12 years \$75 + \$5 materials fee

Learn basic music warm-ups, fundamentals and theory through different genres of music, languages and dance moves for a concert on the last day of class. At Bible Fellowship Church, 6950 E Ralston St.

Instructor Daniela Flores-Palomino

38852 M 4:30-5:30 pm 9/8-10/13

38853 M 4:30-5:30 pm 10/27-12/1



Basic Guitar

9 years-adult \$55

Learn folk and pop strums, patterns and chord progressions. Students provide own acoustic or electric guitars. No class 11/4. At Dudley House, 197 N Ashwood St. Instructor Randy Covington

37824 Tu 7-8:30 pm 8/26-9/30

38856 Tu 7-8:30 pm 10/21-12/2

Advanced Guitar

9 years-adult \$50

Learn improvisation, taking a solo and playing fills behind a vocalist or another instrument. Student should know basic open and bar chords and bring own acoustic or electric guitar. No class 11/4. At the Dudley House, 197 N Ashwood St. Instructor Randy Covington

37827 Tu 8:30-9:30 pm 8/26-9/30

38859 Tu 8:30-9:30 pm 10/21-12/2

See
Ventura Avenue Adult Services
for: Beginning Ukulele (\$54)

LANGUAGE

Preschool Spanish Immersion Program

3-4 years \$96

Our total immersion program provides kids the opportunity to hear, repeat and experience the Spanish language through music, art and play. Children will be able to recognize Spanish phrases, commands and memorize short songs. No class 10/21 & 11/11. At BVC. Multicultural Spanish Academy Instructor Mila Bedoya Pineda

38945 Tu 9-10 am 9/16-11/18



Let's Learn Spanish!

5-12 years \$98

Our fun and engaging lessons for children grades K-5 include real life situational and active games, conversation arts, crafts and music, all which help to evolve skills in language development, comprehension and fluency. No class on 10/21. Pierpont Elementary, 1254 Marthas Vineyard Ct.

38968 Tu 2:45-3:45 pm 9/9-11/4



See
Ventura Avenue Adult Services
for: ¿Por qué hablar español?

An Introduction to Mandarin Chinese

Adults Free

At Sheridan Way Elementary School, 573 Sheridan Way Room 27. To register contact Patty Peinado at 805/641-5491 ext. 1014 or patty.peinado@venturausd.org. No classes on Fridays 9/26, 10/24, 11/21 & 11/28.

Fridays 8:30-9:30 am starting Sept 5

Conversational Beginning Italian

18 years-adult \$80



This fun learn to speak, read and write beginner's Italian does require a little homework to review and pre-class purchase of "Italian 10 Minutes a Day" and an Italian dictionary (online from B&N or Amazon). At BVC. Instructor Reynaldo Unzueta Garcia

38960 M/W 11:15 am-12:15 pm
9/8-10/29



August 23

Janeen Puente
Orchestra
Latin Jazz

August 30

Skinny Little Twits
Legends of Classic Rock

September 6

Lisa Haley
& the Zydekats
Zydeco

www.cityofventura.net/mus

Olivas Adobe
4200 Olivas Park Drive, Ventura

Concerts 7:30-9:30 pm
Doors open 6:30 pm

RSVP for tickets (\$20) & \$10/table for 4
to 805/658-4726





Imagination Center
BARRANCA VISTA

Classes in Theatre • Dance • Music • Art
• Wellness • Family • For all ages

BVC=Barranca Vista Center or Park,
7050 E. Ralston St. • 805.654.7553/7552



Cartooning

8-12 years \$50

Draw wonderful characters with Mr. Scott, a cartoon master. No class 10/20 At BVC

38893 M 4-5 pm 9/29-11/10

See
Ventura Avenue Adult Services
for:

- Acrylic Painting Class for Adults & Seniors
- Collage, Greeting Cards and Paper Construction
- Create your own Mosaic Mirror
- Pottery for Adults

ART FOR TEENS & ADULTS AT BVC

Art with Catherine Broger

Drawing & Painting for Youth

8-14 years \$64

Explore acrylic painting on canvas after pencil and charcoal drawing and a look at relevant artists and their styles.

38937 Th 3:30-5 pm 9/18-10/16

Open Studio

14 years-adult \$68

Relax and paint in any medium (acrylics, watercolor or oils) with the level of instruction you want. Bring your own supplies if you like but basics are provided. BVC.

38938 Th 5:15-6:45 pm 9/18-10/16



Art Fridays with Judee Hauer

12 years-adult \$70 each or
take both for \$130

Beginners to advanced students welcome. At BVC

Explorations in Painting

Paint on a variety of surfaces using the "outsider art" approach to create whimsical creatures, abstract designs, wonderful landscapes, city explorations and giant florals. Acrylics and watercolors, most supplies provided.

38944 F 1-2:30 pm 9/19-10/24

Modern-Wood Folk Art

Create bright large wooden art pieces: block heads, city folks, wild birds, imaginary animals, enormous alphabets, sail boats, NYC skylines and more. Wood, paint and simple tools provided.

38942 F 2:45-4:15 pm 9/19-10/24

Children's Celebration of the Arts 2015



24th
Annual



Parents & Arts Patrons,

Last year 300 classrooms experienced the Gift of Art thanks to you! Please support us again in 2015.

With your gift that brings visual & performing arts to a classroom...

...CHILDREN get to experience another world culture as they dream, paint, draw or dance

...Your favorite TEACHER receives a unique present to share with many students

...You support COMMUNITY ARTISTS who bring new skills and creativity to an entire classroom

Buy Gift of Art
certificates now for
a classroom of your
choice for the 2015
season for only \$45

Bling and everything in-between Holiday Boutique

Saturday, November 8
11 am - 4 pm

Barranca Vista Center
7050 Ralston Street
Ventura

Unique vendors
join together for a
fabulous shopping experience.



For more information: Kathryn Dippong Lawson at kdippong@cityofventura.net or 805-654-7552 • www.cityofventura.net/bvc

Connect with the Arts in Ventura!

Watch Ventura's monthly art video magazine on CAPS-VTV Channel 15
www.capstv.org



Subscribe or view online recent and past newsletters and videos at www.cityofventura.net/culturalaffairs

Contribute entries to either publication by contacting Georgeanne Lees, Supervisor, Office of Cultural Affairs at 805. 658.4720 or glees@cityofventura.net



Sign up for Ventura's monthly e-newsletter on "all things art" at www.cityofventura.net/culturalaffairs

FRIDAYS WITH FRIENDS ^{NEW}

18 years-adult \$35 +\$20 one-time supply fee

Enjoy Friday mornings with a hike, art, camaraderie and a new perspective on our great beach community. Meet at Ventura City Hall Atrium, 501 Poli St. A one-time supply fee covers water bottle, trail snack, waist apron, basic sketch kit and supplies needed to complete projects. Please wear sturdy shoes that lace.
Facilitator Alison Mytych

Botanical Gardens Plein Air

We'll make a simple pocket journal to sketch different viewpoints as we hike up the moderate-to-easy Botanical Garden trails.
38946 F 9:30 am-12:30 pm 9/12

Beach Hike Plein Air

On our hike from City Hall to Ventura Pier we stop to sketch ocean views, lampposts, driftwood, shells and rocks and finish up on the patio of a favorite surfer lunch spot (self-paid meal).
38947 F 9:30 am-12:30 pm 10/10

Cityscape Plein Air

Vintage is the word as we convert an old book into a sketch journal and stop to sketch architectural details of City Hall and other historical buildings downtown, then create paper dolls from stamps and other ephemera to add to our new journal. We may go into lunchtime (self-paid meal) we are having so much fun.
38948 F 9:30 am-12:30 pm 11/7



Drawing Portraits

14 years-Adult \$60

Explore the art of portraiture to express complex emotion using drawing techniques. Students will engage in a variety of mediums, complete a self-portrait, draw from life, and collaborate on a group portrait. Appropriate for all levels. Supplies provided. No class 10/21, 11/11. At BVC
Instructor Mitra Cline

38969 Tu 4:30-6 pm 9/16-11/18

Process Painting for Adults ^{NEW}

18 years-adult \$60 \$5 supply fee

Focus on the joyful, healing process of art as renewal and self-discovery through a spontaneous, fearless approach led by instructor Mariana Peirano Royuela who provides inspiration, materials, guidance and tools. At BVC.

38939 W 5-6:30 pm 9/10-10/15

38940 W 5-6:30 pm 10/29-12/3



Join us on September 20 for Coastal Cleanup Day.



Join us on November 22 for National Family Volunteer Day!



Volunteer VENTURA!

KEEP CALM AND VOLUNTEER

www.cityofventura.net/volunteeropportunities

See our online calendar!



Like us on Facebook!



Follow us on Twitter!



Subscribe to our newsletter!

DANCIN' WITH PAM COHEN



Dance attire and ballet or tap shoes are required at first class. Parents may wear comfortable clothing to move in for (Pc) parent/child classes. For classes not Pc, parents may stay for the first class and last class only. All classes at BVC. More information at www.dancinwithpam.com

Teeny Weeny Wigglers

1-5-3 years \$55 Pc

Parents work with toddlers on motor skills, tumbling and movement with educational toys and music. No class 10/24
38815 F 10:30-11:15 am 9/26-11/21

Evening Ballet for Mommie & Me

2.5-5 years \$55 Pc

Learn together-basic ballet steps, coordination, balance and social interaction. No class 10/22
38817 W 6:30-7:15 pm 9/24-11/19

Pre Ballet

3-4 years \$55

Basic steps, coordination and balance are combined with playful instruction and friendly tunes. No class 10/22 & 10/24
38824 W 3:45-4:30 pm 9/24-11/19
38825 F 9-9:45 am 9/26-11/21

Tap and Jazz with Pam

3-5 years \$55

Little feet learn tap and jazz FUNdamentals, rhythm and small motor skills to energetic music. No class 10/20 & 10/24
38830 M 6:15-7 pm 9/22-11/17
38831 F 9:45-10:30 am 9/26-11/21

Beginning & Intermediate Ballet

5-11 years \$55

Learn classical ballet with barre, floor work and elementary combinations. Intermediates learn more advanced moves. No class 10/22
38833 W 4:30-5:30 pm 9/24-11/19

Tap, Jazz & Hip Hop

5-10 years \$55

Upbeat elements of stage jazz and age appropriate hip-hop are added to the fast paced rhythmic sounds of tap. Students will need tap and a jazz shoe or flat sneakers. No class 10/22
38835 W 5:30-6:30 pm 9/24-11/19

Slippers & Masks

7-17 years \$90 \$5 sibling discount



Dancers of all abilities prepare selected dances for a performance of "Frozen with a Chance of Motown" with music from the Beatles and all eras. Parents must attend first class and dancers mandatory dress rehearsals 10/24 & 12/6 with performances 12/12 & 12/13. No class 10/31 & 11/28
38837 F 6:15-9:15 pm 9/19-12/5

Nutcracker Mini Ballet

3-12 years \$50

Learn selected dances and create costume headpieces for a final day mini-performance. An adult must accompany each child under 5 to class.

3-4 years

38838 W 3-4:30 pm 12/3-12/17

5-12 years

38839 W 4:30-6:30 pm 12/3-12/17



Photo: Barbie Lange

Belly Dancing Basics



14 years-adult \$70

Come learn the beautiful and sensual art of belly dancing, its movements, grace, timing and a routine with veils and drum solo. At Barranca Vista Center *Instructor Marion Kennedy*

38841 M 7:15-8:15 pm 9/8-10/13

POLYNESIAN DANCE WITH ELAINE TAVARES AT BVC

Learn Hawaiian hula and Tahitian and Maori Poi Ball dancing. Poi Balls can be borrowed in class or purchased for \$10.

Beginning Polynesian Dance

7 years-adult \$45

Have fun learning the steps. Youth will present a recital for family and friends on last day.

7-12 years

38971 Sa 12:15-1:15 pm 9/6-10/11

13 years-adult

38972 Sa 1:15-2:15 pm 9/6-10/11

Intermediate/Advanced Polynesian Dance

13 years-adult \$60

Please bring a skirt and/or sarong to class
38973 W 7:20-8:45 pm 8/27-10/15

DANCING WITH ED & CAROL

With free dance-step DVD so you can practice at home. At BVC

Ballroom Dancing

13 years-adult \$45

Put your shoes on and learn waltz, fox trot, swing and rumba! No partner needed. No class 11/11, 12/23, 12/30.

37744 Tu 7:15-8:15 pm 8/26-9/30

38844 Tu 7:15-8:15 pm 10/7-11/18

38846 Tu 7:15-8:15 pm 12/2-1/20

Heat Up the Night

Latin Dance Workshops

13 years-adult \$45

Learn sensuous and steamy Latin dances in six weeks. No class 11/11, 12/23, 12/30.

37748 Tu 8:15-9:15 pm 8/26-9/30

38847 Tu 8:15-9:15 pm 10/7-11/18

38848 Tu 8:15-9:15 pm 12/2-1/20



HOUSE OF DANCE



Instructor Patricia Monico.
House of Dance, 3007 Bunsen Ave. Suite E & F. Please wear leather or suede shoes.

Dance & Date Night

18 years-adult \$69/person

Learn a new dance step every six weeks during one-hour sessions. Select the hour you want to attend and the dance step you want to learn (Tango, West Coast Swing, Cha Cha or Waltz) at www.pmhouseofdance.com. Then register here through the City using the session codes below. No class 11/30

38885	Su	9/28-11/2	Session 1
38886	Su	11/9-12/21	Session 2
38887	Su	1/11-2/15	Session 3

Afternoon Delight Ballroom

50 years + \$69 per person

Mature or retired couples or singles want to learn ballroom but don't like to drive at night? Join us to explore three new dances every six weeks. No class 11/27, 12/25 & 1/1.

38889	Th	1-2 pm	9/4-10/9
38890	Th	1-2 pm	10/16-11/20
38891	Th	1-2 pm	12/4-1/22

Line Dance with a Twist

18 years-adult \$60

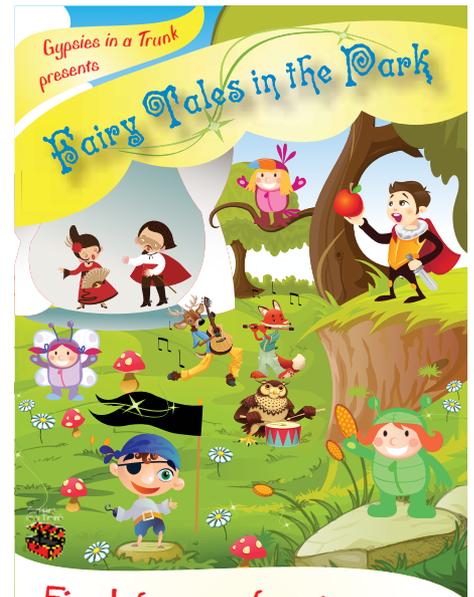
Line dance experience is encouraged but not necessary for the great exercise fun with "twists" of salsa, ballroom and jazz at BVC. **Instructor Jackie Ringhof**
No class 9/1 & 1/19.

37739	M/W	1-2 pm	9/3-10/6
38881	M/W	1-2 pm	10/8-11/10
38882	M/W	1-2 pm	11/12-12/15
38883	M/W	1-2 pm	1/5-2/9



See **Ventura Avenue Adult Services** for:

- Dancing in the AM (free)
- Fall Formal (free)
- Hula for Fun & Exercise (\$54)
- International Folk Dance (\$10)



Final free performance of the season for families

Barranca Vista Park
7050 Ralston St., Ventura

SEPTEMBER 13

Snow White and the One Bat

Bring a blanket, picnic & low lawn chairs for a season of celebration

Pier into the Future
Proudly Presents

Pier under the Stars

Ventura's Premier Food & Wine Tasting Benefit for the Historic Pier

EDWARD MATISOFF

Tickets Available Online! www.brownpapertickets.com • 800.838.3006
Saturday • October 4, 2014 • 5-8 pm
Beachfront Promenade near the Ventura Pier

**General Admission
Tickets \$60**

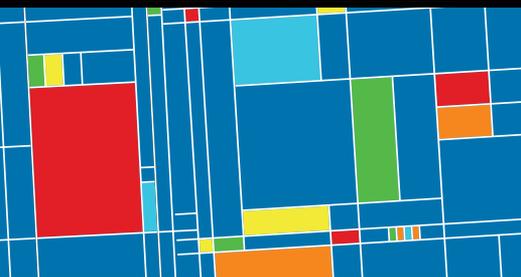
- Includes:
- Food, wine and beverage tastings
 - Commemorative Pier wine glass
 - Complimentary parking

**VIP Tickets
\$125**

- Includes all plus:
- Early entrance to the event at 4:30 pm
 - One seat at reserved VIP table
 - Wine & hors d'oeuvres in the VIP area

All proceeds benefit **Pier into the Future**, a non-profit organization dedicated to the maintenance and enhancement of the Ventura Pier.

www.pierintothefuture.org



TRAVEL WITH US!

Our thirty-passenger bus has air-conditioning and a wheelchair lift but no restroom. Please notify us when registering about any mobility or ADA concerns. Meals are not included in the trip price unless specified. For trips open to youth, a registered adult must accompany any registrant under 18.

Register with cash, check, VISA or MasterCard

Ventura City Hall-501 Poli St, Rm 226

- 8 am-5 pm weekdays
(closed alternate Fridays)
- 805.658.4726
- www.cityofventura.net/eRecreation

Circle Bar B Dinner Theatre-Goleta

50 years-adult \$60

Quelle angoisse (what anxiety)! Unexpected schedule changes bring all three of Iothario Bernard's fiancées--airline hostesses he's courted separately on frequent travel "layovers"--to his Paris apartment at the same time during "Boeing Boeing," a French farce from the sixties. Trip includes BBQ brunch, show and escorted transportation. *Cancel by 9/26 & 10/8*

38473 Su 11:30 am-6:30 pm 10/5

38472 Su 11:30 am-6:30 pm 10/19

Ojai Agricultural Tour

teen-adult \$30

Our popular "local ag" series heads to Ojai visiting the Ojai Olive Oil Company, Friends Ranch and Gozo Farms with a stop for lunch (not included) at the fabulous Farmer and Cook Organic Restaurant in Meiners Oaks. *Cancel by 10/1*

38467 W 8:30 am-3 pm 10/8



Santa Anita Thoroughbred Racing

50 years+ \$50

Join us for track level, clubhouse seating and enjoy a buffet luncheon while we view thoroughbred racing. Trip includes racing program, lunch and escorted transportation. *Cancel by 10/16*

38565 Th 9:30 am-5:30 pm 10/16

California Science Center-Pompeii

7 years-adult \$48

In 79 A.D., Pompeii vanished beneath thick layers of volcanic ash left by the eruption of Mount Vesuvius. But what nature destroyed, it also preserved. Enjoy this special exhibit along with the IMAX film The Forces of Nature and space shuttle Endeavor. *Cancel by 10/12*

38468 Th 9 am-6 pm 10/23

Behind the Scenes in Port Hueneme

teen-adult \$30

We'll check out the operations of the only deep water harbor and port between Los Angeles and San Francisco with its international businesses and ocean carriers from the Pacific Rim and Europe plus the SeaBee Museum and a stop for lunch (not included) nearby. *Cancel by 1/11*

38152 Tu 8:30 am-2:30 pm 11/18

Reagan Library

7 years-adult \$40

Explore the history of this baseball broadcaster, actor and President and enjoy the annual Holiday Trees display and lunch (not included) onsite at the Reagan Country Café. *Cancel by 11/26*

38616 F 9 am-5 pm 12/12

The Getty Center

10 years-adult \$30

Enjoy Western Art from the Middle Ages to the present against a backdrop of dramatic architecture, tranquil gardens and breathtaking views with lunch (not included or BYO) at the onsite café.

38618 F 8:30 am-4:30 pm 1/9

Coronado Butterfly Preserve

6 years-adult \$25

Monarch butterflies migrate over 3,000 miles to this gorgeous Goleta ocean bluff grove to over-winter. We'll view them as their numbers peak in a docent-led walk through the groves and bluffs (over uneven ground with some steep uphill sections) before lunch (BYO or purchase at a group stop).

38474 Sa 9:30 am-2:30 pm 1/17

Two Great Beverages Tour

21 years+ \$35

We'll explore the crafting of and taste the brews of two great Ventura artisan companies. In the morning we will learn about the roasting process at Beacon Coffee then move onto Posiedon Brewery at noon to explore beer making with tastings.

38615 Th 9:30 am-2 pm 11/6

CURB TO CURB

Our door-to-door service takes people with physical limitations to a different place for lunch every month! Register in advance via eRecreation or call 658-4726. A lift is available, but please mention any wheelchair or ADA requirements. Note: there are no refunds for cancellations. *Available for City of Ventura Residents Only!*



Harry's Plaza Café, Santa Barbara

38612 Sa 10 am-3:30 pm 10/11 \$15

Stone Fire Grill, Thousand Oaks

38614 Sa 10 am-3:30 pm 11/8 \$15

Alexander's @ 4 Point Sheraton, Ventura

38613 Sa 2:30-8 pm 12/13 \$15

Buca di Beppo, Thousand Oaks

38611 Sa 10 am-3:30 pm 1/10 \$15

HISTORY AND MYSTERY TOURS

For nighttime tours: dress warmly and bring your flashlight and camera.

History Hunt

teen-adult \$20

Put on your sleuthing hats and decipher clues to Ventura's historic past as we wander through the downtown with a stop for lunch (not included) at a local restaurant where we reveal the answers. Meet at front steps of City Hall. **Historian Guide Glenda Jackson**

38154 Sa 11 am-1 pm 9/20

Cemetery Park Tour

teen-adult \$20

We'll explore the stories of our city's pioneers at rest (and some at unrest) in Memorial Park and on 11/1 Day of the Dead traditions. Meet at cemetery parking lot off Poli St near Crimea St

38156 Sa 7:30-9 pm 9/27

38157 Sa 7:30-9 pm 11/1

Ghostly Ladies of the Olivas Adobe

teen-adult \$25

Download the free Ghost Radar app as we explore this historic landmark with tools and experiments to detect its phantom women including the Lady in Black. Meet your guide Richard Senate onsite at 4200 Olivas Park Drive.

38155 F 8-10:30 pm 10/3

Ghosts of the Hall

10 years-adult \$20

Explore the afterlife of the inhabitants of this former County Courthouse with ghostly tales from your historian guide Glenda Jackson. Meet at the front entrance of City Hall

38158 F 7-8:30 pm 10/17

38865 F 9-10:30 pm 10/17

38866 Sa 7-8:30 pm 10/18

38867 Sa 9-10:30 pm 10/18

Classic Ghosts and Ghouls Tour

teen-adult \$20

This "Chiller" classic features Richard Senate supernatural stories of bizarre phenomena at Ventura's Old Courthouse: haunted bathrooms and hallways where a floating head lingers and an angry Lady in Red stalks, strange trial cases and the building's mysterious symbolism. Meet on the steps of City Hall

38868 F 8-10 pm 10/24



Beginning Ghost Hunters

8-16 years \$20

Scooby Do, why not try ghost hunting too? Young paranormalists will learn the steps and tools they need to begin their careers at in this "tour and explore" of Ventura City Hall, a historic (and haunted) landmark. Meet Richard Senate at the front steps of City Hall

38869 Sa 7-9 pm 10/25

Ghost Bus Adventure

8 years-adult \$25

Our ghost-mobile visits Ventura's haunted heritage of neighborhoods and landmarks notorious for ghost sightings including the Ortega Adobe and Memorial Park with your guide Richard Senate. Meet at City Hall's front steps.

38870 W 8-10:30 pm 10/29

Ortega Ghost Hunt

8 years-adult \$20

We'll examine as ghost hunters the historic 1857 adobe home of Emigdio Ortega with ghost hunting tools to reveal its supernatural story. Meet onsite at 215 W Main St. Guide Richard Senate

38871 Th 8-10 pm 10/30

Olivas Special Halloween Tour

teen-adult \$25

Spend some after dark hours in one of the most haunted places in all California with ghost hunter Richard Senate with a focus on sightings of two ghost children (a boy and girl) and perhaps their phantom dog! Meet onsite at Olivas Adobe, 4200 Olivas Park Dr.

38872 F 7-9 pm 10/31

38873 F 9:30-11:30 pm 10/31

Victorian Ventura

teen-adult \$20

Learn the history of Ventura's first park and houses of the Mitchell Block. Why was Plaza Park planted in potatoes? Meet beneath the Moreton Bay Fig Tree the corner of Santa Clara & Chestnut Streets. **Guide Glenda Jackson**

38874 Sa 11 am-12:30 pm 11/8

Haunted History

all ages \$20

Take a unique look at our city from its 101-year-old City Hall to even older Mission in a walk with historian Richard Senate as he shares stories of strange curses, outlaws, ghosts and bizarre incidents. Meet at the front steps of City Hall

38875 Sa 1-3 pm 11/8

HISTORIC SITES

Ortega Adobe

215 W Main St

Open daily

9 am-4 pm



Historic Dudley House

197 N Ashwood Ave
www.dudleyhouse.org

First Sundays

1-4 pm



City Hall Municipal Art Collection

501 Poli St
www.cityofventura.net/culturalaffairs

Open weekdays 7:30 am-5 pm
(closed alternate Fridays)

Call 805.658.4759 to schedule a free docent-led school or service group tour

Olivas Adobe Tours

\$5/adults \$3/children & seniors
4200 Olivas Park Drive-open daily
www.cityofventura.net/olivasadobe
Saturdays & Sundays 11 am-4 pm



Olivas Holiday Candlelight Tour

All ages Free

See how the holidays were celebrated in Old California with skits, live entertainment and refreshments. Tours begin at 5:30 pm. Reservations required: 805-658-4726 Sunday, December 14

Olivas Adobe Historical Interpreters (OAHI)

Call 805.658.4728 to join our weekend training programs! Become an OAHI docent, dress in period costumes and share the history of this landmark site.

Water Wise

FREE! Saturdays 10 am-12 pm
 "Learn how to" gardening classes
www.cityofventura.net/water/landscape

Rainwater Harvesting & Laundry-to-Landscape Graywater September 20

Install a rain barrel, redirect your downspout into your new rain garden, install a laundry-to-landscape system and maintain them all properly at 336 Sanjon Rd Maintenance Yard

Composting and Urban Soils October 18

Create healthy backyard mulch, compost and worm castings from your food and yard waste to conserve water, reduce pesticides and revive urban soil at Cornucopia Gardens, Telephone Rd & Ramelli Ave

Turf Replacement with Water Wise Plants November 15

Remove turf naturally, replace it with native or climate appropriate plants, convert pop-up spray irrigation to drip irrigation and re-wild your garden habitats to bring back birds, bees and butterflies at 336 Sanjon Rd Maintenance Yard

FAMILY NATURE WALKS

An adult, also registered, must accompany children under 12; children under 5 are free (except for Spread Your Butterfly Wings). No strollers please; children must be in carriers or able to walk 3/4-1 mile. Register in advance. Led by naturalist instructors. Questions? Call 658-4728.

Lagoon Birding & Wetlands Ecology Walk

5 years-adult \$12

Explore wetlands and view marvelous marsh dwellers during fall bird migration using our binoculars and spotting scopes at the Wetlands Ecological Reserve, the water reclamation wildlife lagoons next to the Santa Clara River; one of the best birding spots in Ventura. Meet at Ventura Harbor/Surfers Knoll parking lot beach-side bathrooms near 1600 Spinnaker Dr. Gate is on Angler Ct near Spinnaker Dr.
38876 Sa 10-11:30 am 9/13

Hike of Breathtaking Views

5-years-adult \$12

Take a hike on the Ventura Botanical Gardens recently constructed demonstration trail that offers spectacular vistas of the ocean, city and islands. Our naturalist will share fun geographical and botanical tidbits as the trail gently follows switchbacks up the hillside, travels along a ridgeline, and weaves its way up to expansive views. Never before has the visual beauty of Ventura been so easily accessed on a grand scale. Wear good walking shoes, and bring water & snack. Meet naturalist

at the trailhead behind City Hall, 501 Poli St, at the upper second level parking lot.
38877 Sa 10 am-12 pm 10/25

Monarch Butterfly Observation

5 years-adult \$12

Observe colorful clusters of over-wintering monarch butterflies at Camino Real Park as you learn about these fascinating long-distance travelers. Our naturalist will bring binoculars and a spotting scope. Participants will be called with location.
38879 Sa 1:30-2:30 pm 12/13

Spread Your Butterfly Wings!

3-7 years \$11

Designed for younger children, this afternoon will be filled with close-up viewing of colorful over-wintering monarch clusters, songs, monarch activities and a fun craft to take home. Participants will be called with the location in Camino Real Park. An adult must accompany children at no additional charge (for all other Family Nature Walks, participating adults must also register).
38880 M 1-2 pm 12/15



Experience the Flavors Of Fall From A to Z...

Plant arugula, beets, broccoli, Brussel sprouts, cabbage, carrots, cauliflower, celery, cilantro, collards, favas, garlic chives, kale, leeks, lettuce, onions, parsley, peas, radishes, rosemary, spinach, Swiss chard, turnips, zucchini in the fall...

at the Cornucopia Community Garden

Rent an 18' x 20' garden plot!

\$85 fee for 6 months includes water, mulch, compost & trash services (\$85 refundable deposit required)

For more info call 805/658-4754 or visit www.cityofventura.net/cornucopia

The Cornucopia Community Garden is on Telephone Rd between Johnson Dr & Ramelli Ave

FOR ADULTS 18+

Acrylic Painting Class for Adults & Seniors

18 years+ \$65

Learn about drawing in detail, with pencil, sketching and charcoal on canvas as well as blending colors, how to apply acrylic thick and thin and the use of gel. Topa Topa Room. **Instructor Catherine Broger** 38671 Sa 10 am-12 pm 10/4-11/8

Create your own Mosaic Mirror

18 years+ \$105

Students learn techniques to make beautiful mosaic art using glass, found objects and your photos for a personal touch. \$10 lab fee due to instructor at first class. Rincon Room. **Instructor Kim Clarke** 38608 W 10:30 am-12:30 pm 10/8-10/29

Pottery for Adults

18 years+ \$105

Explore the world of ceramic art and pottery. Master the techniques such as pinching, coiling, slab and the potter's wheel. Creativity and originality are encouraged while you learn about the basics of using clay. At Westpark Community Center Crafts Room. **Instructor Kim Clarke** 38607 Th 10:30 am-12:30 pm 10/9-11/13



Hula for Fun & Exercise

Women 18 years+ \$54

Learn basic hula steps and dances with award-winning dancer Nani Edgar who trained in traditional hula and has performed around the world with Grammy winner Daniel Ho. No hula experience required. Dress in comfortable workout clothing. Solimar Room.

38120 Th 4-5 pm 10/9-11/13

Introduction to Ukulele

18 years+ \$54

Learn the basics to play this fun and unique Hawaiian instrument from exquisite hula dancer and ukulele instructor Nani Edgar of the Hula Halau O Puananiha'aehe. Bring your own ukulele. Solimar Room.

38600 Th 5:30-6:30 pm 10/9-11/13

International Folk Dance

18 years+ \$10

Stay fit by folk dancing with your mind challenged while building endurance, coordination, and better balance. Enjoy great music and socializing. Two Trees Banquet Room. No class 11/27, 12/25, & 1/1/15

38672 W 4:30-5:30 pm 10/8-11/14/15

Gentle Yoga

18 years+ \$64

Relax and enhance overall health while increasing flexibility, muscle/bone strength, balance and range of motion. Wear comfortable clothing. Solimar Room. No class 11/24, 12/29 & 1/19/15. **Instructor Lynne Thurston**

38124 M 6-7 pm 10/6-11/17

38123 M 6-7 pm 12/1-1/26

¿Por qué hablar español?

18 years+ \$50/session 1 \$75/session 2

Improve your basic Spanish skills to enhance travel experiences and interact locally. Converse, practice, study and enjoy! Students need to bring a notebook and bilingual dictionary. Rincon Room. No class 10/24, 11/28, 12/26, 1/2/15

38566 F 9:30 am-12 pm 10/3-11/7

38567 F 9:30 am-12 pm 11/14-1/16

Qigong

18 years+ Free

Certified instructor Edwin Suzuki teaches this ancient Chinese movement of body and mind stretching exercises to help achieve and maintain health and harmony. Solimar Room. No class 11/28, 12/26 & 1/2/15.

38125 F 2-3 pm 9/26-1/16/15

The Ventura Avenue Adult Center or "VAAC" is located at 550 North Ventura AVENUE at CENTER Street



The VAAC is closed on

• Sept 1 • Nov 11, 27 & 28 • Dec 25-Jan 4

• Rent us anytime weekdays & weekends!

Transformed in 2014 with new landscaping, murals and secure parking outside and new floors, furniture, art and technology inside, the center is an ideal space for your wedding, quinceañera or other family, business or charity special event. **Rental information: Hans Hormann at hhormann@cityofventura.net or 805.648.3035. Fill and save rental applications at www.cityofventura.net/adult**

Ventura's Senior Lunch Program

M, Tu, W, F 11:30 am-12:30 pm \$3/\$5*



Join us weekdays in the Two Trees Banquet Room for the friendliest lunch hour in Ventura with a meal that includes

a nutritious hot entrée, salad bar, and fresh fruit and vegetables. Westside Café Days are seasonal and birthday celebrations with special desserts and musical entertainment (schedule below). *Suggested donation: \$3 per meal for those 60 and over, \$5 for those under 60.

Westside Café Days

W 11/19 Thanksgiving Luncheon

W 12/11 Holiday Luncheon

Catered Thursday Luncheons

50 years+ \$4

Join us for a special catered meal, by local restaurants, at the Westside Café. Luncheons sponsored by City of Ventura Senior Services. Advanced registration is required by calling 648-3035. Two Trees Banquet Room.

Th 11:30 am-12:30 pm



The City of Ventura's Home Delivered Meals program is designed specifically for homebound individuals 60+ who live in Ventura. For more info call 805-648-3035.

Adult programs hours: M-F • 9 am-3 pm

Info 805.648.3035

Extended Learning Academy

"To provide a network of lifelong learning opportunities for all ages 18 and up designed to enrich, enhance, motivate and stimulate."

VAAC= Ventura Avenue Adult Center
BVMHE= Buenaventura Mobile Home Estates/11505 Darling Road



Building Bones and Better Balance

18 years+ Free

Stay independent, prevent falls, and improve bone health in a chair exercise routine using dumbbells, resistance bands and balls. Equipment provided. Co-sponsored by the Post Acute Rehab Center at Victoria Care Center. **Instructor Mary Wilson.** No class on 11/28. At BVMHE.

38150 F 9-10 am 10/3-10/31
38151 F 9-10 am 11/7-12/19

Caring for Aging Parents

18 years+ \$25

Learn to identify and take steps to best manage your own life demands as well as the needs of your aging parent(s) and the rest of the family. Learn to adjust to this changing terrain and work through any anger, sadness, fear, frustration and whatever else arises through these difficult transitions. At VAAC. **Instructor Laurie Steinhauer.**

38149 F 10 am-12 pm 9/19-9/26

Collage, Greeting Cards and Paper Construction

18 years+ \$45

Get your hand busy with paper creations: portraits, cityscapes, florals, and small sculpture. Design greeting cards for the holidays. \$5 materials fee due to instructor first day of class. At VAAC. **Instructor Judee Hauer**
38148 W 1:30-3:30 pm 10/1-10/22

Taming Chronic Pain

18 years+ \$60

A psychotherapist, published poet and movement educator will help guide you to live your best life while dealing with pain. An instructional folder will help identify how physical pain creates 5 other kinds of pain. You will receive information/tools to help reduce the perception of pain and to live a better life. At VAAC.

Instructor Joyce Lombard, MAMFT
38147 Tu 2-4 pm 9/23-10/28



Computer Tutoring for Adults & Seniors

30 years+ Free

Conquer your fear of computers or brush up on your skills by learning the basics of word processing and navigating the Internet in a fun, relaxed atmosphere.

Pre-registration is required by calling 658-4726. At Westpark Community Center. **Instructor Kim Paine**

38954 Tu 10-11 am 10/7-11/4

See Specialty pages for Home Brewing 101

FREE DROP IN PROGRAMS AT THE VAAC

M & F	12:30-2:30 pm	Bingo
Tu	12:30-2:30 pm	Cinema Time
M	9:30 am-12 pm	Learn to Play Mah Jong
W	1-4 pm	Needle Arts & Sewing
W-F	9 am-12 pm	Pinochle
M	9 am-12 pm	Table Tennis
Tu	10-11:30 am	Wii Bowling

Make your event truly special at these great locations!

Ventura's Historic City Hall

A selection of spaces to rent for your next gathering.



Majestic City Hall built in 1912-13, its public rooms and indoor and outdoor spaces—Atrium & Patio, Foyer and Community Meeting Room—offer a beautiful, intimate and unique setting at reasonable rates and kitchen facilities are available.

Rental information:

www.cityofventura.net/permits or contact Michelle Godoy at 805.654-7749 or mgodoy@cityofventura.net

Olivas Adobe

For Weddings & Other Celebrations by Families, Businesses & Charities.

The beautiful Historic Olivas Adobe has been the ideal site for weddings, receptions, quinceañeras and fiestas since 1847. This outdoor venue located just minutes away from the Pacific Ocean has a lovely ambiance for any special occasion.



Rental information:

Gina Reyes at greyes@cityofventura.net or call 805.658.4728 and request a rental packet. Reservation dates are limited and are on a first-come, first-served basis.

FOR ADULTS 50+

A Matter of Balance: Managing Concerns about Falls

50 years+ Free

Classes help participants manage concerns about falling, set realistic activity goals and increase exercise safely while increasing balance. Rincon Room.

38606 W 1-3 pm 9/3-10/29

Bone Builders

50 years+ Free

Lift weights to increase bone density and improve muscle strength while working on better balance. Equipment provided. Co-sponsored with City of Oxnard. Register at 385-8024. No class 11/11, 11/27, 12/25-1/1/15.

At VAAC Solimar Room

Tu/Th 9-10:15 am & 10:30-11:45 am

At BVC

Tu/Th 7:45-8:45 am

Chair Stretches with Some Boogie to Boot

50 years+ Free

Chair exercises incorporate yoga-like stretches and breathing techniques to release muscle tension, increase flexibility and range of motion. Boogie to upbeat music to strengthen bones and improve balance. Solimar Room. No class on 12/31.

Instructor Lynne Thurston

38619 W 10-11 am 9/24-12/3

Dancing in the AM

50 years+ Free

Join instructors Ed & Carol in this up-beat morning dance class where Ballroom, Latin & Swing are a few of the dances you'll learn and enjoy! Bring your enthusiasm for dance and your dancing shoes! No partner needed. No class 12/29 & 3rd Monday of month. Solimar Room.

38122 M 10:30-11:30 am
10/6-11/12/15

Fall Formal

50 years+ Free

Join us for a night of dinner, dancing and live music with this year's theme "Under the Stars." Come dressed to impress and cut a rug. Pre-registration is required by calling 658-4726. Two Trees Banquet Room.

38610 Th 6-8:30 pm 10/23

SENIOR PROGRAMS & SOCIAL SERVICES

Mature Drivers Safety Program

This AARP course of two 4 hour sessions may help lower your vehicle insurance rates. \$15 fee for certificate for AARP members and \$20 fee for non-members are due to instructor at the first class. Pre-registration is required by calling 658-4726. Two Trees Banquet Room.

38602 Th 9:30 am-1:30 pm 10/2 & 10/9

38603 Th 9:30 am-1:30 pm 11/6 & 11/13

38604 Th 9:30 am-1:30 pm 12/4 & 12/11

38605 Th 9:30 am-1:30 pm 1/8 & 1/15/15

Buzz Sessions FREE!



Social Security: What Boomers need to know to maximize retirement income. Rincon Room.

38863 W 6-7:30 pm 9/17

38864 W 6-7:30 pm 10/15

Rainbow Senior Supper Club



50 years+ Free!

This LGBTQ oriented dinner group meets to talk about current events and to socialize. Dinner is catered by local restaurants and is sponsored by the City of Ventura Senior Services and the County of Ventura. RSVP to 805-654-7557.

1st Friday of every month 6-8 pm

Ventura Supper Club

Just the thing for adventurous 50+ adults interested in an informal, group dining experience at local restaurants. Transportation and cost of meal is at the participant's expense. Pre-registration is required by calling 658-4726.

38061 Th 5-7 pm 10/16 Wood Ranch

38062 Th 5-7 pm 11/20 Casa de Soria

38063 Th 5-7 pm 12/18 China Kitchen

38064 Th 5-7 pm 1/15 Marie Callender's

Ventura Council on Aging (VCOA)

Get involved with community issues affecting seniors with VCOA which provides support for older residents in the community and coordinates with other area groups advocating for the senior population. Meetings are open to the public. Ventura City Hall, 501 Poli St.

3rd Thursdays 9:30-11:30 am

CITY OF
VENTURA
www.cityofventura.net

SPECIAL MUNICIPAL ELECTION November 4, 2014

Polls open from 7 am to 8 pm on Election Day.

VOTE BY MAIL

There is a much easier and more convenient way for busy registered voters to cast their ballots than going to the polls. Join the many Ventura residents who already vote by mail by registering as a "permanent vote by mail voter" Contact the Ventura City Clerk's office by October 28.

NEW VOTERS

If you are not already registered to vote, the deadline is October 20.

WE CAN HELP

For information about registering to vote, voting by mail, or general election questions, please contact the Ventura City Clerk's Office at 805.658.4787 or cityclerk@ci.ventura.ca.us.



REGISTRATION BEGINS AUGUST 25

Use your **Visa or MasterCard**.

PHONE 805.658.4726

8 am – 5 pm, weekdays



ONLINE Scan this QR code or visit
www.cityofventura.net/eRecreation

MAIL this page with check or credit card payment to:
PR&CP Dept, P.O. Box 99, Room 226 • Ventura, CA 93002.

WALK-IN to City Hall, 501 Poli Street, Room 226
Parks, Recreation & Community Partnerships office
8 am – 5 pm weekdays

CITY HALL HOURS:

7:30 am-5:30 pm weekdays • **Closed Alternate Fridays**
See www.cityofventura.net for schedule

Se habla español-llame 658-4726

REFUND POLICY

There will be a \$10 service charge for class cancellations made prior to the second class meeting. No refunds will be issued thereafter. There are no refunds for activities costing \$10 or less. Cancellations for camps require 10 business days' notification prior to the start of camp in order to receive a refund. Special refund policies apply for some programs and activities – for details call 658.4726.

NON-RESIDENT FEES

Minimal class assessment fees for non-residents (customers who live outside Ventura's city limits) help defray a small portion of the costs for the upkeep of parks and facilities used by these classes and funded by resident city taxes.

\$0 for classes less than \$25

\$5 for classes \$25-\$75

\$10 for classes over \$75



Reach out to our community
by contributing to our

CITY OF
VENTURA
PARKS, RECREATION &
COMMUNITY PARTNERSHIPS

Enrichment Fund

Your donation of just \$1
enables low income
City of Ventura youth
to participate in
City programs.

Thank you for your
generosity.

CLASS CODE	CLASS NAME	LAST (Participant Name)	FIRST	BIRTH DATE	FEE
38146	Your optional donation enables low-income youth to participate in our programs.				\$1.00
NON-RESIDENTS ADD: \$0-classes less than \$25, \$5-classes \$25-\$75, \$10-classes over \$75					
TOTAL					

PAYEE'S NAME

Last _____ First _____ M.I. _____
Address _____ City _____ Zip _____
Phone Eve () _____ Day () _____ Ext. _____
Pager/Cell Phone () _____ E-mail: _____

METHOD OF PAYMENT

Cash Mastercard
 Check Visa

Payable to: City of Ventura

Card Number

Expiration Date

3 Digit Code

Cardholder Name-Please Print

In compliance with the ADA, PR&CP will make reasonable accommodations to make programs and services accessible to the disabled community by calling 805.658.4726 or the California Relay Service.

WAIVER By signing this application, I agree to release the City of San Buenaventura, its agents, its employees, and its certified volunteers from and against any claim arising from my or my child's participation in the program noted on this Registration Form. I grant permission for the City of Ventura to use participants' image, filmed during program activities, to promote its services and programs. I agree to indemnify and hold the City of San Buenaventura harmless from and against any claims, whether caused by passive negligence or otherwise. I will pay all costs incident to any claim, including, without limitation, attorneys' fees. I agree that this agreement is intended to be as broad and inclusive as is permitted by law of the State of California.

Required Signature _____ **Date** _____

Presented by:



Online Short Film Contest

www.watertake1.com



Call for Entries:

Submissions must address the topic of water in less than five minutes and may be any genre –documentary, drama, comedy, animation, sci-fi or experimental.

Early Bird Deadline: September 15, 2014

Contest Deadline: November 1, 2014

WTI Sneak Peek Party: November 20, 2014

Crowne Plaza Ventura Beach Hotel

Audience Choice Voting Open Until

December 15, 2014

Awards Celebration: March 19, 2015

Downtown Ventura

AWARDS

Grand Jury Prize

\$1,500 Cash

Audience Choice

iPad 2

Ventura Vision

Sponsored by

Crowne Plaza Ventura Beach

Spotlight Profile on Local TV Show

Best Student Film

Sponsored by **Carollo Engineers and Hopkins Groundwater Consultants**

Go Pro Camera

Contact us at

watertake1@venturawater.net



For special needs please call 805-652-4587.

Like us at [facebook.com/watertake1](https://www.facebook.com/watertake1) for all the latest news



The official 2014
California shower

Take five and no more because Californians Don't Waste💧



The official 2014
California car

We're going to extremes because Californians Don't Waste💧

The official 2014 California yard



Go water-wise because Californians Don't Waste💧



watertake1.com



saveourh2o.org



www.venturawater.net